# MASTER / POSTGRADUATE DIPLOMA / POSTGRADUATE CERTIFICATE IN **HEALTH SCIENCE 2025**



# Information for international applicants

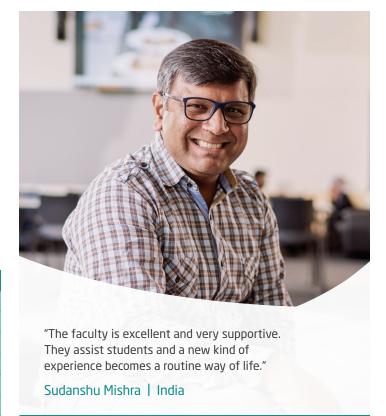
Napier, Auckland and Online<sup>1</sup>

The Health Science Postgraduate Programmes at EIT offer a selection of courses designed to meet the needs of health practitioners, health managers and other allied healthcare professionals whose practice has a focus on health.

Focusing on providing a management perspective on contemporary and emerging technologies, the Health Science postgraduate suite of programmes includes three separate qualifications. These programmes are designed to meet a range of educational and professional backgrounds to support students' future career aspirations.

The Master of Health Science is the programme which completes the journey for many of our students from the Postgraduate Certificate and Diploma in Health Science. Master's degree level study provides the opportunity for health practitioners and managers to advance and expand their knowledge and expertise within an interdisciplinary learning environment.

MASTER OF HEALTH SCIENCE					
Start	Napier: 17 February, 21 July (on-campus)				
	Auckland: 10 Feb, 28 Apr, 21 July, 6 Oct (on-campus)				
Length	1.5 years full-time				
Level	Level 9	Credits	180		
Fees <sup>2</sup>	Campus	NZD			
	Napier	\$40,300			
	Auckland	\$45,750			
POSTGR	ADUATE DIPLO	OMA IN HEALT	H SCIENCE		
	Napier: 17 February, 21 July (on-campus)				
Start	<b>Auckland:</b> 10 Feb, 28 Apr, 21 July, 6 Oct (on-campus and online <sup>1</sup> )				
Length	1 year full-time				
Level	Level 8	Credits	120		
Fees <sup>2</sup>	Campus	NZD			
	Napier	\$28,600			
	Auckland	\$30,500			
	Online	\$22,880			
POSTGR	ADUATE CERT	IFICATE IN HE	ALTH SCIENCE		
Start	Online: 10 Feb	, 28 Apr, 21 July,	6 Oct (online¹)		
Length	6 months full-time				
Level	Level 8	Credits	60		
Fees <sup>2</sup>	Campus	NZD			
	Online	\$11,440			
IELTS	6.5 (academic) with no band lower than 6.0 <b>OR</b> accepted international equivalent qualification				



## **CAREER OPPORTUNITIES**

Possible job and career opportunities can include:

- Health Services Manager
- Healthcare Assistant
- Health Educator/ Health Promotion Advisor
- Clinical Laboratory Assistant
- Community Health Support Worker
- Research Assistant
- Tertiary Education Tutors
- The Health Science programmes have also been a pathway for:
- Health Educators
- Dental Technicians
- Naturopaths
- Sport Scientists

# **CAREER OUTLOOK**

Visit the following websites for the latest information about job opportunities in New Zealand for your chosen career path.

careers.govt.nz

mbie.govt.nz

immigration.govt.nz

1. Students must be outside New Zealand to study online programmes.

2. All fees shown in this information are in New Zealand dollars and include Goods and Services Tax (GST) at current rates. If you need to study for more than one year to complete your qualification, your fees in the second year, and subsequent years, will not be known when you first enrol.









# MASTER OF HEALTH SCIENCE

The Master of Health Science is a Level 9 programme of 180 credits comprising either 135 credits at Level 8 plus 45 credits at Level 9, or 120 credits at Level 8 plus 60 credits at Level 9, or 90 credits at Level 8 plus 90 credits at Level 9. Multiple study pathways are available in discussion with the Programme Coordinator.

The programme can be completed in 18 months full-time.

#### Coursework

The Health Science interdisciplinary and inter-professional courses are all offered in a blended manner, with online learning supported by face-to-face tutorials or block courses on-campus.

Courses are designed around knowledge and research relating to key threads of health disparities and the global health needs of populations. The programme provides you with the opportunity to investigate the worldwide improvement of health, reduction of health disparities and protection against global threats from an international context.

The multidisciplinary and inter-professional context of health science involves everyone sharing discussions from their own experiences, enabling all practitioners to advance their knowledge of health treatment, care and prevention of disparities in a truly interdisciplinary environment.



# POSTGRADUATE DIPLOMA IN HEALTH SCIENCE

The Postgraduate Diploma in Health Science is a Level 8 interdisciplinary programme of 120 credits. The Diploma offers a selection of blended delivery courses designed to meet the needs of health professionals and health sector managers whose practice has a focus on health.

The programme can be completed in one year full-time.

The Postgraduate Diploma can lead onto the Master of Health Science dependent upon the courses selected.

### The Global Health Pathway

The Global Health Pathway provides an opportunity for students with a health background to specialise in Global Health, in particular to investigate the worldwide improvement of health, reduction of health disparities and protection against global threats in an international context. To follow a Global Health Pathway, students would choose from the following Level 8 courses:

- Perspectives on Global Health
- Health and Wellness in Aotearoa New Zealand
- Physical Activity for Health
- Nutrition for Health
- Global Perspectives on Health Promotion
- Communicable Disease, a Global Perspective
- Digital Health

# POSTGRADUATE CERTIFICATE IN HEALTH SCIENCE

The Postgraduate Certificate in Health Science is a Level 8 programme of 60 credits, which enables those who have completed a bachelor degree in health science/a health discipline to achieve a postgraduate level qualification in the health science area.

The Postgraduate Certificate programme supports students to develop the knowledge and skills of critical analysis, constructive synthesis and their application to high quality approaches to health care delivery.

The programme can be completed in six months full-time or up to two years part-time. It can act as an entry point into the Postgraduate Diploma and then Master's degree for those who don't initially meet the entry requirements, and need to demonstrate their ability to study at postgraduate level. Alternatively, if you initially enrolled in the Master's degree and are not in a position to complete it, you can transfer any applicable courses to the postgraduate certificate for the purposes of qualification completion.

In this application pack you will find information about this programme, descriptions for each of the subjects covered and the related fees and costs.



# HEALTH SCIENCE POSTGRADUATE SUITE STRUCTURE

# POSTGRADUATE CERTIFICATE (60 CREDITS)

A total of 60 credits at Level 8.

• Courses offered may differ for each term.

# **POSTGRADUATE DIPLOMA (120 CREDITS)**

A total of 120 credits at Level 8.

 Courses offered may differ for each term (Auckland delivery) or semester (Napier delivery).

# **MASTER DEGREE (180 CREDITS)**

A total of 180 credits with a minimum of 45 credits at Level 9, with the remainder at Level 8. Multiple study pathways are available in discussion with your Programme Coordinator, however the most common pathways for each campus are outlined below.

# ON-CAMPUS IN AUCKLAND<sup>1</sup>

**Select eight** 15-credit courses from the Level 8 course list (total 120 credits)

**Plus** the Level 8 course PGRM8.100 Applied Research Methods (15 credits)

**Plus** the Level 9 courses PGISP9.400 Independent Scholarly Project (30 credits), and PGST9.100 Special Topic II (15 credits) **OR** PGARR9.500 Applied Research Report (45 credits)

Other Level 9 courses may be available, depending on grades achieved at Level 8.



## ON-CAMPUS IN NAPIER<sup>1</sup>

1. Select three 30-credit courses from the Level 8 course list and one 15-credit course from the Level 8 course list (total 105 credits)

Plus the Level 8 course MHS8.441 Research Methods and Designs (30 credits)

**Plus** the Level 9 courses PGISP9.400 Independent Scholarly Project (30 credits) and PGST9.100 Special Topic II (15-credits) **OR** PGART9.900 Applied Research Report (45 credits)

#### OR

Select three 30-credit courses from the Level 8 course list (total 90 credits)

**Plus** PGRM8.100 Applied Research Methods (15 credits), PGRP8.100 Research Proposal (15 credits), and PGARD9.700 Applied Research Dissertation (60 credits)

#### OR

**3. Select four** 30-credit courses from the Level 8 course list (total 120 credits)

**Plus** PGRM8.100 Applied Research Methods (15 credits) and PGARR9.500 Applied Research Report (45 credits)

# ONLINE TO ON-CAMPUS STUDY<sup>1</sup>

EIT offers a suite of programmes at Postgraduate Certificate, Postgraduate Diploma and Master's degree levels in Health Science.

The Postgraduate Certificate programme provides you with the option and flexibility to study online from wherever you are. Studying online for a Postgraduate Certificate gives you the opportunity to gain a stand-alone, globally recognised qualification and then pathway into a Masters on-campus at EIT in New Zealand<sup>1</sup>.

Our online programmes feature a hands-on, engaging approach to learning along with the support you need to succeed. Designed with an industry focus, our cutting-edge programmes are taught by lecturers who are experts in their field.

FULLY ONLINE POSTGRADUATE CERTIFICATE
IN HEALTH SCIENCE

COMPLETE YOUR MASTER OF HEALTH SCIENCE ON-CAMPUS IN NEW ZEALAND\*

<sup>1.</sup> Restrictions apply based on EIT programme eligibility criteria. Students must be outside New Zealand to study online programmes. EIT programmes are approved by the New Zealand Qualifications Authority (NZQA), however students are advised to check that qualifications awarded via online delivery are recognised in the jurisdiction they intend to use them in. To study onshore in New Zealand, students must meet current Immigration New Zealand requirements for a student visa. For more information please see the Immigration New Zealand website.

# **ACADEMIC ENTRY REQUIREMENTS**

An undergraduate degree in health science/a health discipline with a minimum equivalent to a New Zealand Grade B.

Where an applicant does not hold an undergraduate degree in a health discipline, submissions from fields allied to health may be considered.

# **ENGLISH LANGUAGE ENTRY REQUIREMENTS**

PTE (Academic) score of 58 with no band score lower than 50 or IELTS (Academic) score of 6.5 with no band score lower than 6.0 (or equivalent) achieved within the last two years.

### **TIMETABLE**

Your study time will be made up of contact time (class times, tutorials, industry-based learning) and non-contact time (your own individual study time, online learning).

# **CONTACT TIME**

Postgraduate courses are taught through blended delivery oncampus in New Zealand. Blended means part of the course will be communicated and completed online; with the rest consisting of selfdirected activities, field work, and on-campus workshops.

While this set of qualifications utilises an online platform (Moodle) for delivery of subject specific knowledge and resources, on-campus students are required to attend various face-to-face sessions throughout each week to support their learning in a blended fashion.

Level 9 courses are principally supervised independent study on campus.

Elective courses from other EIT schools may be delivered using a different modality. You should consult the appropriate school's Postgraduate Handbook and course timetable.

A full-time student completing 30 credits in a term or 60 credits in a semester will be expected to attend a minimum of eight hours of classes and workshops per week.

## **NON-CONTACT TIME**

As a general guideline, you should plan to spend 10 hours of individual study per course credit, so a 15-credit course would require at least 150 hours of study over its duration. Access to a computer and the internet is required to complete this programme.

# **ASSESSMENTS**

All Level 8 course work assessments are marked internally. Assessments consist of assignments, tests, practical demonstrations, presentations, projects and case studies.

Assessments for supervised courses with a credit value of 30 credits or more are independently examined.

It is EIT policy to independently moderate all assignments and assessments.

# **FACILITIES**

EIT's campuses offer pleasant environments for study which emphasise small class sizes in a range of general purpose rooms.

## **ACCESS TO COURSE MATERIAL**

You must have the following available to be able to utilise the online learning environment:

- Desktop or laptop computer with camera and sound or other appropriate electronic device not older than five years
- Reliable broadband internet connection
- Software as required

When you study at postgraduate level at EIT, you enter your course through the EIT Online website. After logging in, you can access your course materials such as readings, learning activities and assessments. Online communication tools such as discussion forums and chat let you interact with your teacher and classmates.

You will be supported in how to do this and receive relevant training for specific software.

# THE EXPERIENCE YOU NEED & THE SUPPORT TO SUCCEED

When you study at EIT you'll get the kind of experiences that will help you gain the knowledge and skills to get ahead.

You'll also be supported by lecturers and tutors who are here for you, within a learning environment where you are treated as an individual, not just a number. They'll know your name and you'll receive one-on-one attention to make sure you get the support to succeed.



# **COURSE DESCRIPTIONS**

NB: Courses may be delivered by lecturers who are based at either our Auckland or Napier campuses. Courses are offered subject to sufficient enrolments being received. Courses may differ depending on selected campus.

In the following descriptions: P= Pre-requisite – courses which must be studied before

## **Level 8 Courses**

COURSE NO.	BRIEF DESCRIPTION	LEVEL	CREDITS
MHSC8.001	Perspectives on Global Health (Auckland and Online only)  This course aims to develop students' advanced understanding of the contemporary global health landscape from an interdisciplinary perspective.	8	15
MHSC8.002	<b>Health and Wellness in Aotearoa New Zealand</b> (Auckland and Online only)  This course aims to develop students' holistic understanding of health, wellness and healthcare in an Aotearoa New Zealand context.	8	15
MHSC8.003	Physical Activity for Health (Napier, Auckland and Online only)  This course aims to develop students' advanced understanding of the benefits of physical activity to health.	8	15
MHSC8.004	<b>Nutrition for Health</b> (Napier, Auckland and Online only)  This course aims to develop students' advanced understanding of nutrition as an evidenced-based discipline with reference to health and wellbeing.	8	15
MHSC8.005	<b>Global Perspectives on Health Promotion</b> (Auckland and Online only)  This course aims to develop students' advanced understanding of models and theories of health promotion globally.	8	15
MHSC8.006	Communicable Disease, a Global Perspective (Napier only)  This course aims to develop students' advanced understanding of the global issue of communicable diseases, their transmission, prevention and control.	8	15
MHSC8.007	<b>Digital Health</b> (Auckland and Online only)  This course aims to develop students' advanced understanding of current digital technologies to inform and improve healthcare services and delivery.	8	15
MHS8.443	Health in Aotearoa New Zealand (Napier only)  This course aims to allow students to explore the implications of Te Tiriti o Waitangi for healthcare in Aotearoa New Zealand, as well as cultural and socioeconomic influences on the health of the Aotearoa New Zealand population.	8	30
MN8.402	Advanced Pathophysiology for Health Professionals (Napier only)  The aim of this course is to develop students' advanced diagnostic skills and knowledge relating to the cause, pathogenesis, cellular physiology, clinical manifestation and treatment of disease.	8	30
MN8.406	Advanced Practice to Support Child and Family Health (Napier only)  This course aims to draw on students' developing knowledge and understanding of children (tamariki), youth (rangatahi) and families (whānau) to examine the child/youth within the family as the centre of health care from a wide range of perspectives and disciplines.	8	30
MN8.407	<b>Human Lactation, Breastfeeding and Infant Nutrition</b> (Napier only)  This course aims to develop students' theoretical and practical knowledge related to breastfeeding, human lactation and infant nutrition to an expert level, equipping them to provide lactation education, environments that support breastfeeding, and infant nutritional support.	8	30
MN8.408	Health Services Management (Napier only)  This course aims to provide an opportunity for students to acquire knowledge and skills applied by managers and leaders in health services to ensure the achievement of improved patient outcomes.	8	30
MN8.411	Advanced Practice to Support Elder Health (Napier only)  This course aims to develop students' advanced skills and knowledge required to provide holistic care to the older adult population.	8	30
MN8.417	Advanced Diabetes Nursing (Napier only)  This course aims to develop students' skills and knowledge of diabetes mellitus required to provide expert levels of care as part of the multidisciplinary team within the healthcare setting.	8	30
MHS8.424	Global Health (Napier only)  This course aims to provide students with a comprehensive and critical global overview of chronic disease management in the interdisciplinary health context.	8	30
MHS8.442	<b>Applied Nutrition</b> (Napier - Semester 1 2025 only)  This course aims to develop students' knowledge and skills in providing advice and support for nutrition and lifestyle approaches based on contemporary evidence.	8	30

COURSE NO.	BRIEF DESCRIPTION	LEVEL	CREDITS
MHS8.432	<b>Health Promotion</b> (Napier only)  This course aims to allow students to develop and extend knowledge and skills related to health promotion policy, planning and practice by critically examining relevant theoretical, environmental, economic and social issues in a global context, with a specific focus on addressing health disparities via health promotion.	8	30
MHS8.437	<b>Health Management</b> (Napier only)  This course aims to provide students the opportunity to develop management skills and knowledge in the field of health, and to evaluate and reflect upon the role of health management in effective healthcare in a global context.	8	30
MHS8.441	<b>Research Methods and Designs</b> (Napier only)  This course aims to enable students to develop and apply knowledge of the philosophical, methodological and ethical issues that underpin research and to explore a range of research paradigms commonly used in health research.	8	30
PGRM8.100	<b>Applied Research Methods</b> (Auckland and Online only)  The aim of the course is to provide students with knowledge and skills related to research methodologies appropriate for conducting research in a range of disciplines.	8	15
PGRP8.100	Research Proposal (Napier only)  The aim of the course is to develop students' ability to identify a research problem and to develop a research proposal to answer research questions related to the research problem.  P: PGRM8.100 Applied Research Methods	8	30
PGST8.100	<b>Special Topic I</b> (as required)  The aim of this course is to develop students' knowledge, skills and techniques related to research and problem solving, and to support them in applying these in a small-scale study addressing an existing or emerging problem or issue in their discipline or industry.	8	15

## **Level 9 Courses**

COURSE NO.	BRIEF DESCRIPTION	LEVEL	CREDITS
PGST9.100	Special Topic II (as required)  The aim of this course is to further develop students' knowledge, skills and techniques related to research and problem solving gained throughout the programme, and to support them in applying these in an in-depth study addressing an existing or emerging problem or issue in their discipline or industry.	9	15
PGISP9.400	Independent Scholarly Project  This course provides the opportunity for students to be guided step-by-step in integrating the knowledge and skills acquired throughout the programme, and extending these, by conducting and reporting on desk-based research.  P: PGRM8.100 Applied Research Methods		30
PGARR9.500	<b>Applied Research Report</b> (Napier only)  This course aims to support students' independent application and further development of knowledge and skills acquired throughout the programme in conducting scholarly research on a specific issue or problem in their field of study.  P: PGRM8.100 Applied Research Methods	9	45
PGIP9.600	Integrated Project (Napier only)  This course aims to support students in applying and further developing the knowledge and skills gained throughout the programme by reporting on or designing solutions for existing or emerging problems or issues within the industry or workplace.  P: PGRM8.100 Applied Research Methods	9	45
PGARD9.700	Applied Research Dissertation (Napier only)  This course aims to support students' independent application and further development of knowledge and skills acquired throughout the programme in conducting scholarly research, based on thorough critical examination of and extensive body of literature, on a specific issue or problem in their field of study and potential solutions, and making recommendations for potential solutions.  P: PGRM8.100 Applied Research Methods	9	60
PGEIP9.800	Extended Integrated Project (Napier only)  This course aims to support students in applying and further developing the knowledge and skills gained at Level 8 by reporting on or designing solutions for existing or emerging problems or issues within the industry or workplace and critically evaluating the outcomes.  P: PGRM8.100 Applied Research Methods	9	60
PGART9.900	Applied Research Thesis (Napier only) In this course, the student will independently conduct research and report their findings in the form of a thesis.  P: PGRM8.100 Applied Research Methods	9	90

**Disclaimer:** All information pertains to international students, and is correct at the time of publication but is subject to change without notice. The programme fees, other costs, entry requirements, duration and programme start dates are for 2025 and are listed as a guide only. Conditions apply. EIT (a Business Division of Te Pūkenga – New Zealand Institute of Skills and Technology) reserves the right to cancel or postpone any programme or course for any reason and shall not be liable for any claim other than that proportion of the programme fee which the cancelled or postponed portion bears.