



NZ Diploma in Health and Wellbeing (Applied Practice)

Level 5

Develop a high level of skills and competence in health support work. This is ideal for senior health and support workers who carry a higher level of responsibility and engage in more complex relationships with their clients.

This programme is for students who are already working or volunteering in this sector in order to complete the practical component of this programme, and who have completed a relevant health and wellbeing qualification.

Location	Hawke's Bay and Tairāwhiti
Start	February
Length	One year
Contact	Raewyn Ashby Phone: 06 830 1860 Email: rashby@eit.ac.nz

Advance your health support work practice

The NZ Diploma in Health and Wellbeing (Applied Practice) [Level 5] programme offers you stimulating training, leading towards an advanced qualification as a health sector team member.

You are expected to have completed a relevant level 4 qualification or to have prior experience working in the health sector to enrol in this diploma programme.

This programme has a large work-practice component and online learning opportunities alongside classroom courses scheduled through the year.

This programme is open to all who fulfil the entry criteria.

Subject Areas

- Building rapport and relationships
- Health, community and sustainability
- Recovery (mental health and addiction) issues
- Professional practice, ethics and leadership
- Integrating Māori perspectives and approaches.

You are welcome to make an appointment to discuss your study options with our staff and to view our facilities.

Career and Study Opportunities

In the diverse mental health environment, support workers provide a variety of services to clients within a range of health and community settings.

Possible job and career opportunities exist within:

- Community-based support services
- Day programmes
- Iwi health providers
- Whānau family support
- Mental health and addiction support services
- Peer support
- Residential support services
- Volunteer sector

Further your study pathway with a Bachelor and then Master degree.



NZ Diploma in Health and Wellbeing (Applied Practice)

Level 5, 120 credits



Hawke's Bay and Tairāwhiti



Full-time: 1 year



Fee: Visit fees.eit.ac.nz to see the fees for this programme

Industry-based Training

Work within health organisations (a minimum of 200 hours) forms an integral part of this qualification.

This programme is ideally suited to those who are currently working or volunteering in the health sector.

Partnerships

We value our partnership with students and aim to provide quality education in a supportive environment, encouraging personal growth and professional development.

Timetable

Your study time will be made up of contact time (class times, tutorials, industry-based learning) and non-contact time (your own individual study time, online learning).

Contact Time

On campus classes at Hawke's Bay are usually scheduled one day per week.

On campus classes at Tairāwhiti are spread over eight weekend blocks throughout the year.

You are required to complete 200 hours in a workplace or placement setting as well as self-directed study and on-line activities. Additional study days and tutorials will also be scheduled.

Access to a computer and the internet is required to complete this programme.

Additional Costs

- \$250 approximately for stationery and any travel costs incurred getting to placement venues.

Entry Requirements

Academic Requirements

- Successful completion of an approved qualification at level 3/4 on the NZQF; or
- Attend an information session with a member of the academic staff and successful completion of the alternative academic entry test.

Alternative Entry Assessment

- An alternative entry assessment will measure applicants' literacy and numeracy ability to ensure that it is of a level to cope with the demands of the programme.

2025 Key Dates

Programme Starts Tuesday, 18 February

Programme Ends Tuesday, 25 November

Semester Breaks 14 - 25 April
30 June - 18 July
22 September - 3 October

Tairāwhiti noho dates to be confirmed.

Professional Requirements

Applicants may be required to:

- Sign a declaration and a request for personal information held by the NZ Police.*

*** If you are employed by a health industry provider you are not required to undergo a Police check.**

This request is consistent with industry expectations and the type of work undertaken whilst on the programme or as a graduate of the programme.

If the declaration identifies any issue that may impact your ability to complete the programme, you can discuss this with the Programme Coordinator at an information session. EIT reserves the right to decline entry to the programme should an applicant's Police record be such that they would be considered unsuitable for the type of work undertaken whilst on this programme or by graduates of this programme. The guidelines on which this decision is based are the relevant professional association or industry requirements.

Other Requirements

Some workplaces/providers may still require workers to be vaccinated due to their responsibilities under health and safety legislation. (Please take this into consideration for practical work experience.) For more information contact the Programme Administrator, Raewyn Ashby, on 06 830 1860.

Information Session

An information session is compulsory for those who do not meet the entry criteria and it is recommended for those who do meet the entry criteria. It will allow parties to exchange information about what the programme provides for students and requirements of students. Included will be discussion of possible career paths for the applicant, motivation and physical and emotional requirements, and applicant's abilities, background, experiences and interests. Attendance of whānau members and/or other support people is encouraged.

English Language Entry Requirements

All applicants must demonstrate an acceptable level of English language fluency prior to acceptance in the programme. Ways in which English language fluency may be demonstrated include the following:

- Successful study of a programme in which English was the language of instruction
- Completion of a New Zealand Certificate in English Language (Level 4 with any endorsement)
- IELTS Academic score of 5.5, with no band score lower than

5.0, achieved in a single test within the two years preceding enrolment

- Completion of accepted international equivalents
- Completion of an EIT assessment

Entry with Credit

You may already have some knowledge or skills that can be recognized as part of your intended study. This may take a number of different forms including previous study, workplace training, life experiences or voluntary work. If you think you may qualify you are welcome to apply for Cross Credit (CC) or Recognition of Prior Learning (RPL).

- CC is based on the equivalency of courses or qualifications. You would apply for CC if you have passed a very similar course at the same level.
- RPL is based on the assessment of your current knowledge and skills. You would apply for RPL if you had gained the relevant knowledge and skills through life experiences and informal learning situations.

You will be asked to provide details of anything that you would like considered as credit toward your intended programme of study, as part of your application.

For further information and enquiries about CC and RPL please contact the Programme Administrator, Raewyn Ashby, on 06 830 1860.

Assessments

Assessments include on-line essays, written reports, assignments and practical demonstration of skills.

Scholarships

Scholarships are a way to help financially support your study. They can make life easier by helping to cover your fees and living expenses while you complete your qualification. You don't always need to be an academic high-flyer to qualify.

Find out what's available at scholarships.eit.ac.nz or for general scholarship information please contact scholarships@eit.ac.nz.

The experience you need & the support to succeed

When you study at EIT you'll get the kind of experiences that will help you gain the knowledge and skills to get ahead.

You'll also be supported by lecturers and tutors who are here for you, within a learning environment where you are treated as an individual, not just a number.

They'll know your name and you'll receive one-on-one attention to make sure you get the support to succeed.

Experienced Lecturers

At EIT, you can be confident in the quality of our teaching and your learning experience.

EIT is highly regarded in New Zealand for research excellence due to the quality of our community centred research, our publications and our external grant income provided by funding institutions who have confidence in our research capability. You can be confident your lecturers use the latest knowledge and research in their field of expertise to inform their teaching, and many are at the forefront of knowledge creation within their discipline area.

Our lecturers are highly trained professionals with particular areas of expertise in mental health. Staff maintains contact with other professionals in the health and education sectors.

Name	Qualification
Les Blair <i>Programme Coordinator and Lecturer</i> Phone: 06 830 1378 Email: lblair@eit.ac.nz	RN, Dip/CertAdEd, NatCertALNE
Claudia Maaka <i>Lecturer</i> Email: cmaaka@eit.ac.nz	MEd, PGDipClinSup, BA (Counselling/Addiction)
Chris Malcolm <i>Lecturer</i> Phone: 06 830 1840 Email: cmalcolm@eit.ac.nz	MTh (Oxford), PGDipHSc (CBT), BTheol (Akl), BA (Victoria)

Course Descriptions

NB: Courses are offered subject to sufficient numbers applying.

Course No.	Brief Description	NZQA Level	No. of Credits	Semester Offered
HW5.110	Te Hāpai Whanaungatanga - Building Rapport and Relationships Extends and consolidates students' skills for engaging and communicating effectively with service users (and their whānau/natural supports) alongside development of students' own self-awareness.	5	15	1
HW5.120	Te Oranga Hapori - Health, Community and Sustainability Explores addiction-related issues within the wider context of individual and community wellbeing within New Zealand, regional and community/social contexts with a focus on social issues and social policy; sustainable practice, availability and accessibility of community support networks and resources and other factors that influence the wellbeing and safety of service users and their whānau.	5	15	1
HW5.130	Take Mate Hinengaro, Take Mate Tarukino - Recovery: Mental Health and Addiction Issues Students examine the principles and practices, models and theories that underpin mental health and addictions work and that support recovery.	5	15	1
HW5.140	He Whakaaroaro ki ngā Wheako Wāhi Mahi - Reflecting on Practicum Experience Enables students to reflect on the application of knowledge, strategies and skills in workplace settings. With a focus on engagement with people and their whānau and identification of support and intervention needs.	5	15	1
HW5.250	He Tirohanga Ao Māori - Integrating Māori Perspectives and Approaches Enables students to explore and engage with key concepts from a Te Ao Māori world-view, especially as they apply to hauora/health and wellbeing.	5	15	2
HW5.260	He Whakawhānui i te Puna Rauemi - Extending Knowledge and Resources Explores a wider range of western and non-western theoretical models and intervention strategies used within the mental health and addictions sectors.	5	15	2
HW5.270	Ngā Tikanga Umanga - Professional Practice, Ethics and Leadership Develops a robust understanding of the requirements for professional practice in mental health and addiction settings, including ethical, safety and legal issues and effective communication and collaboration with colleagues, service users and other.	5	15	2
HW5.280	He Kuhunga ki te Ao Wāhi Mahi - Application of Learning in the Workplace Application and consolidation of students' knowledge, strategies and role-specific skills (in a workplace/practicum placement setting). Working with people and their whānau to foster hope, build resilience, support autonomy and recovery.	5	15	2



How to Enrol

There is an easy 3-step process to follow when enrolling at EIT.

Step 1

Check out eit.ac.nz to see the programmes available for you to study. A copy of the course information for each programme is available on our website.

Step 2

You can now use your RealMe verified identity to apply for study at EIT. If you use your RealMe verified identity you will no longer be sent a copy of your application form to sign. You also will not need to provide us with a copy of your primary ID.

If you apply online without using RealMe then you will be sent a summary of your enrolment to check and sign. It will also include course selection forms which you need to complete and return. Your enrolment cannot progress until you have sent the summary and forms back to us.

You can also apply using a paper enrolment form. Please call us on 0800 22 55 348 and we will send you one.

You will receive an acceptance letter from your Faculty with programme information. This will include the start date of your study and any special information regarding your programme. Depending on your chosen programme of study, you may be invited to attend an interview before you are accepted.

Step 3

Arrangement for full payment of enrolment fees must be made before the start of your programme. You will receive an invoice with payment details.

Fees Free Government Scheme: Tertiary education is fees-free for eligible domestic tertiary students. To check if you are eligible, go to FeesFree.govt.nz and enter your National Student Number (NSN). If you are not eligible you will be responsible for paying your fees.

Scholarships and Grants: Scholarships and grants make life easier by helping to cover your fees, other costs and living expenses while you study. You don't always need to be an academic high-flyer to qualify. You can find out more about scholarships and other options for paying your fees at eit.ac.nz.

StudyLink: If you need to pay for your own study you can choose to apply for your Student Loan and Student Allowance with StudyLink. You should do this early, even if you haven't yet been accepted on your programme. You can change your details later if anything changes. Visit studylink.govt.nz to find out more about StudyLink.

Student Services Levy

The student services levy is a compulsory non-tuition fee that is charged to students enrolled at EIT. The levy is to contribute to the provision of quality student services that support learning. The funds received by EIT from the levy are ring-fenced, meaning they can only be spent on student services.

Student Loans and Allowances

StudyLink is a service of the Ministry of Social Development. Apply well before your programme begins (even if you haven't been accepted yet) so you'll be ready to get your payments when you need them most.

Check out what you qualify for at studylink.govt.nz.



DISCLAIMER:

All information in this publication pertains to New Zealand Citizens or Permanent Residents, and is correct at the time of printing but is subject to change. EIT is a Business Division of Te Pūkenga – New Zealand Institute of Skills and Technology. EIT reserves the right to amend/withdraw programmes or courses. Fees for 2025 will be set by November 2024 and are subject to change.

For the latest information, or for full programme entry requirements visit eit.ac.nz or phone 0800 22 55 348.

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Documentation/Forms

Please Note

The following documents are to be returned with your completed enrolment form.

Without these we are unable to process your application.

Please complete and return the following:

- Enrolment Form
- Brief Personal Statement (including brief CV/Work History)
- NZ Police Vetting Service Request and Consent Form*
- Please provide **two** of the following as evidence of your identity:
 - NZ Full Birth Certificate
 - NZ Driver Licence
 - Community Services Card
 - 18+ Card

* If you are employed by a health industry provider you are not required to undergo a Police check.



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Brief Personal Statement

(Please also include a brief CV/work history)

Applicant Name: _____

1. What do you believe are your personal strengths?

2. How would you describe your attributes as a friend, a family member, or as a member of your community?

3. Why are you interested in studying for a qualification in mental health support?

4. If you have worked / volunteered within this industry, please describe your experience and the number of hours involved.

5. Have you ever had a criminal conviction? (If you are currently working in the health sector you are not required to submit a Police check.)

Yes No

As part of this programme, you may have practical experiences with agencies or organisations who require this and/or other personal information. A prior conviction may not necessarily exclude you from acceptance into the programme, but we may need to discuss it with you.

6. If you have any health or disability issues that may affect your ability to successfully complete this programme, that could affect your safety or those for whom you are providing care, please outline this below.

7. If you care for dependants or others and this may affect your ability to successfully complete the programme, please explain the nature of this and how it may affect your study.

8. Some workplaces/providers may still require workers to be vaccinated due to their responsibilities under health and safety legislation. Please take this into consideration for practicum/placement. For more information contact the Programme Administrator, Raewyn Ashby, on 06 830 1860.

Please tick the box to confirm you have read and understood.

I have read and understood the possible vaccination requirement for some workplaces/providers.

Please provide evidence with your enrolment of any Cross Credits that you are entitled to. If not provided with your enrolment, you will not receive recognition of this.

Applicant Signature: _____

Date: _____

Section 1: Agency to complete

For more information please see the [Guide to PVS Request & Consent Form](https://www.police.govt.nz/advice-services/businesses-and-organisations/nz-police-vetting-service/forms-and-guides)
(<https://www.police.govt.nz/advice-services/businesses-and-organisations/nz-police-vetting-service/forms-and-guides>)

1.1 Name of agency submitting vetting request

EIT

1.2 Name of the person being vetted

1.3 Description of the role of the person being vetted

This is a brief description of the role (not the job title). This is used by Police to help decide what type of vet is conducted if it is unclear from the following questions.

Student - Health & Wellbeing

1.4 Which groups will the person being vetted be working with (select all that apply):

Children/ Young People

Vulnerable Adults

1.5 Does the role involve caring for people in the home of the person being vetted?

This is about whether the person being vetted is providing services out of their own home (that is, are vulnerable children or adults visiting the home of the person being vetted for support).

Yes

No

1.6 Is the person being vetted:

A paid worker

A volunteer

Undertaking vocational or educational training

1.7 Is the person being vetted a Children's Worker according to the Children's Act 2014, section 23(1)?

If the person being vetted is not working with children/ young people (Q 1.4), tick 'No' then skip to question 1.11.

If the person being vetted IS working with children (Q 1.4) AND is a volunteer (Q 1.6), tick 'No' then skip to question 1.9.

Yes

No (skip to question 1.9)

1.8 Is the role of the person being vetted a core or non-core worker role according to the Children's Act 2014, section 23(1)?

Core worker

Non-core worker

1.9 Has the person being vetted previously been Police vetted by your agency?

Yes

No (skip to question 1.11)

1.10 Is the person being vetted still working in the role for which your agency last obtained a Police vet?

If this request is a renewal of the person's previous vet for this role, please select Yes. Otherwise, answer no.

Yes

No – the person being vetted is applying for a new role or position

1.11 What is the job title of the person being vetted?

Student

1.12 Evidence of identity (to be completed by agency representative or identity referee)

[See consent form guide for details on how to complete this section](#)

A primary ID has been sighted (mandatory)

A secondary ID has been sighted (mandatory)

One form if ID is photographic (mandatory)

Evidence of name change has been sighted (if applicable)

OR: *If your agency is able to accept a verified RealMe identity then:*

An assertion of a RealMe identity has been received (see [consent form guide](#) for further information)

In making this request, I confirm that:

- ✓ I have complied and will comply with the [Approved Agency Agreement](#).
- ✓ I am satisfied as to the identity of the person being vetted.
- ✓ I have obtained the authorisation of the person being vetted to submit this vetting request as set out in section 3 of this form.

Agency Representative:

Name:		Date:	
Signature:		Electronic signature	<input type="checkbox"/>

Section 2: Person being vetted to complete and return to agency

** Denotes a mandatory field*

2.1 Personal Information

Note the name you are most commonly known by is your primary name

* Family name (Primary)	
* First/Middle name(s)	
* Gender	
* Date of birth	
Place of birth (Town/ City/ State)	
* Country of birth	
NZ Driver Licence number	

2.2 Previous names if applicable

Please include other alias or alternate names; married name if not your primary name; previous/ maiden/ name changed by deed poll or statutory declaration. Please include ALL names (first, middle and last) for each alias/previous name.

Family name	First name	Middle names

2.3 Permanent residential address

* Flat/ Number/ Street			
* Suburb		Post Code	
* Town/ City			

Section 3: Person being vetted to complete and return to agency

3.1 Consent to release information

1. The New Zealand Police may release **any** information they hold if relevant to the purpose of this vetting request. This includes:
 - a. Conviction histories and infringement/demerit reports.
 - b. Active investigations, charges and warrants to arrest.
 - c. Charges that did not result in a conviction including those that were acquitted (not guilty), discharged without conviction or withdrawn.
 - d. **Any** interaction I have had with New Zealand Police relevant to the role being vetted, including investigations that did not result in prosecution or were resolved by an alternative resolution programme.
 - e. Information regarding family violence where I was the victim, offender or witness to an incident or offence. This is particularly relevant where the role being vetted for takes place in a home environment where exposure to physical or verbal violence could place vulnerable persons at emotional or physical risk.
 - f. Information subject to name suppression where that information is necessary for the purpose of the vet.
2. If I am eligible under the Criminal Records (Clean Slate) Act 2004, my conviction history will not be released **unless**:
 - a. Section 19(3) of the Clean Slate Act applies to this request (exceptions to the clean slate regime).
 - b. Section 31(3) of the Children’s Act 2014 applies to this request (safety checks of core children’s workers).
 - c. The vetting request is made for the purpose of an overseas visa/work permit and authorises the vetting report to be provided directly to the relevant embassy, high commission, or consulate.

Please see the [vetting website](#) for more information regarding the Clean Slate legislation and what may be released.

3. The Police Vetting Service may disclose newly obtained relevant information to the requesting agency after the completion of the Police vet in the following circumstances:
 - a. The disclosure of the newly obtained information is justified under the Privacy Act 2020 (if it had existed or been available at the time of the Police vet, it would have been disclosed); and
 - b. The Police Vetting Service has taken steps to confirm that the purpose for the Police vet still exists – e.g., that I am employed or engaged in a role that required a Police vet.

The Police Vetting Service will take reasonable steps to notify you prior to the disclosure.

4. Information provided in this consent form may be used to update New Zealand Police records.
5. I am entitled to a copy of the vetting report released to the agency (to be provided by the agency) and can request a correction of any personal information by contacting the Police Vetting Service.
6. Please notify the agency or the Police Vetting Service if you wish to withdraw your consent.

For further information about the vetting process, please see the [vetting website](#).

Authorisation of person being vetted:

- ✓ I confirm that the information I have provided in this form relates to me and is correct.
- ✓ I have read and understood the information above.
- ✓ I authorise New Zealand Police to disclose any personal information relevant to my application (as described above) to the agency making this request for the purpose of assessing my suitability.

Name:		Date:	
Signature:		Electronic signature	<input type="checkbox"/>