

2024



# NZ Certificate in Sport Coaching

## Level 3

The NZ Certificate in Sport Coaching will provide you with the ability to coach participants at entry level across a range of sports.

You will be able to apply your coaching skills with a focus on skill development and enjoyment for participants to encourage people to participate in sport codes and activities.

As a graduate, you will contribute to the health, cultural, social and economic wellbeing of Aotearoa New Zealand.

This qualification is not designed for coaches of high performance athletes.

Location	Hawke's Bay
Start	Multiple intakes throughout the year beginning in February - please contact the Programme Administrator
Length	17 weeks part-time
Contact	Sue Jackson Phone: 06 830 1521 Email: <a href="mailto:sjackson@eit.ac.nz">sjackson@eit.ac.nz</a>



TE AHO A MĀUI



TePūkenga

# Learn while you coach

The NZ Certificate in Sport Coaching (Level 3) assists you in developing as a coach through your sporting season.

It is expected that you will be coaching or assisting coaching a team while enrolled in this programme (minimum of 100 hours).

You will learn to:

- Create a supportive sport coaching environment and demonstrate positive side line behaviours for the safety of participants while coaching a chosen sport.
- Model simple skills and apply general coaching principles and group management techniques to achieve performance outcomes.
- Apply basic injury prevention techniques including warm up and cool down procedures to meet the physical requirements of the chosen sport.
- Give constructive, specific and positive feedback on performance to achieve outcomes while coaching a chosen sport.

Please feel free to contact us by phone, email or private message us on Facebook for a chat about your study options.

## Career and study opportunities

After you graduate you can be employed (paid or volunteer) as an entry level coach, primary or secondary school sport coach, or in a commercial park environment as a club coach or assistant coach.

Further your study with the NZ Certificate in Sport, Recreation and Exercise (Level 3), the NZ Certificate in Exercise (Level 4) and provides a pathway to the NZ Certificate in Coaching and Instruction (Level 4).

## Partnerships

We value our partnership with Sport Hawke's Bay, Pettigrew Green Arena, EIT Institute of Sport and Health (EIT ISH) at the Mitre 10 Sports Park and aim to provide quality education in a supportive environment, encouraging personal growth and professional development.



## NZ Certificate in Sport Coaching Level 3, 40 credits

 Hawke's Bay

 Part-time:  
17 weeks

 Fee:  
Visit [fees.eit.ac.nz](https://fees.eit.ac.nz) to see the fees for this programme

### Timetable

Your study time will be made up of contact time (class times, tutorials, industry-based learning) and non-contact time (your own individual study time, online learning).

### Contact time

- 50 hours of online lectures, block courses and activities
- 100 coaching hours
- 250 hours of individual study

Access to a computer and the internet is required to complete this programme.

### Entry requirements

All applicants must show evidence of a level of literacy and numeracy sufficient to:

- Be able to study at this level, and
- Interpret and apply health and safety requirements.

LNAAT or similar assessment of literacy and numeracy may be required.

In exceptional circumstances, an applicant under the age of 20 years who does not meet the academic entry requirements may be granted entry to the programme where they supply evidence of their ability to succeed on the programme.

### English language entry requirements

All applicants must demonstrate an acceptable level of English language fluency prior to acceptance in the programme. Ways in which English language fluency may be demonstrated include the following:

- Successful study of a programme in which English was the language of instruction (subject to NZQA conditions)
- Completion of a New Zealand Certificate in English Language (Level 3 with any endorsement)
- IELTS Academic score of 5.0, with no band score lower than 5.0, achieved in a single test within the two years preceding enrolment
- Accepted international equivalents to the above IELTS scores
- Completion of an EIT | Te Pūkenga assessment

## 2024 Key dates

There are multiple intakes throughout the year beginning in February.

Please contact the Programme Administrator for further details.

Sue Jackson

Phone: 06 830 1521

Email: [sjackson@eit.ac.nz](mailto:sjackson@eit.ac.nz)

### Entry with credit

If you wish to receive credit recognition from previous studies or experiences, you can do so by applying for Cross Credit (CC) or Recognition of Prior Learning (RPL).

- CC is based on the equivalency of courses or qualifications. You would apply for CC if you have passed a very similar course at the same level.
- RPL is based on the assessment of your current knowledge and skills. You would apply for RPL if you had gained the relevant knowledge and skills through life experiences and informal learning situations.

Please identify any credit you may wish to be considered as part the programme at application. Please note recognising prior learning may reduce your study load in this programme and impact on your ability to receive funding.

For further information and enquiries about CC and RPL please contact the Programme Administrator, Sue Jackson, on 06 830 1521 or email [sjackson@eit.ac.nz](mailto:sjackson@eit.ac.nz).

### Literacy and numeracy skills

A literacy and numeracy assessment is part of the preparation for all level one to three programmes. This is a national requirement from the Tertiary Education Commission (TEC). This information gives your tutors information on what you already know to help them provide the help that you may need in your studies.

There are two assessments. The first assessment will take place within the first three weeks of the programme. The second will be a week or two before you finish the programme. This final assessment will show how you have improved with your Literacy and Numeracy skills.

There will always be a tutor to help you when doing the assessment. The most important thing to know about this assessment is that you cannot fail. You will merely get information on your literacy and numeracy skills. The result will not have an impact on any of your assessment marks in your course work.

### Assessments

Assessments are a collection of your coaching practice including peer reviews and written coaching philosophy, season and training plans and reflections. The emphasis in all assessments is the demonstration of practical knowledge relevant to the industry.



## EIT is now part of Te Pūkenga

Te Pūkenga brings together New Zealand's Institutes of Technology, Polytechnics, and Industry Training Organisations to build a network of on job, on-campus and online learning.

The services we offer not only remain, they are strengthened by being part of the extensive Te Pūkenga network around the country. Your enrolment for study in 2024 will see you enrolling with Te Pūkenga and becoming part of the extensive Te Pūkenga network around the country.

## The experience you need & the support to succeed

When you study at EIT | Te Pūkenga you'll get the kind of experiences that will help you gain the knowledge and skills to get ahead.

You'll also be supported by lecturers and tutors who are here for you, within a learning environment where you are treated as an individual, not just a number.

They'll know your name and you'll receive one-on-one attention to make sure you get the support to succeed.

## Experienced lecturers

At EIT | Te Pūkenga, you can be confident in the quality of our teaching and your learning experience.

EIT | Te Pūkenga is highly regarded in New Zealand for research excellence due to the quality of our community centred research, our publications and our external grant income provided by funding institutions who have confidence in our research capability. You can be confident your lecturers use the latest knowledge and research in their field of expertise to inform their teaching, and many are at the forefront of knowledge creation within their discipline area.

Staff have industry experience and are passionate about the practical application of teaching techniques to help others to pursue their goals in the field of sport and exercise.

Name	Qualification
Sheryl-Lee Judd <i>Programme Coordinator</i>	PGCertHSc, DipHSc, ACAT

## Course descriptions

Course no.	Brief description	NZQA level	No. of credits
SC3.01	<b>Sport Coaching</b> The aim of this course is to provide learners with the knowledge and skills required for them to develop coaching techniques and practices that will support the development of others' sporting skills and encourage sporting participation.	3	40



# How to enrol

There is an easy 3-step process to follow when enrolling at EIT | Te Pūkenga.

## Step 1

Check out [eit.ac.nz](http://eit.ac.nz) to see the programmes available for you to study. A copy of the course information for each programme is available on our website.

## Step 2

You can now use your RealMe verified identity to apply for study at EIT | Te Pūkenga. If you use your RealMe verified identity you will no longer be sent a copy of your application form to sign. You also will not need to provide us with a copy of your primary ID.

If you apply online without using RealMe then you will be sent a summary of your enrolment to check and sign. It will also include course selection forms which you need to complete and return. Your enrolment cannot progress until you have sent the summary and forms back to us.

You can also apply using a paper enrolment form. Please call us on 0800 22 55 348 and we will send you one out.

You will receive an acceptance letter from your Faculty with programme information. This will include the start date of your study and any special information regarding your programme. Depending on your chosen programme of study, you may be invited to attend an interview before you are accepted.

## Step 3

Arrangement for full payment of enrolment fees must be made before the start of your programme. You will receive an invoice with payment details.

**Fees-free government scheme:** Tertiary education is fees-free for eligible domestic tertiary students. To check if you are eligible, go to [FeesFree.govt.nz](http://FeesFree.govt.nz) and enter your National Student Number (NSN). If you are not eligible you will be responsible for paying your fees.

**Scholarships and grants:** Scholarships and grants make life easier by helping to cover your fees, other costs and living expenses while you study. You don't always need to be an academic high-flyer to qualify. You can find out more about scholarships and other options for paying your fees at [eit.ac.nz](http://eit.ac.nz).

**StudyLink:** If you need to pay for your own study you can choose to apply for your Student Loan and Student Allowance with StudyLink. You should do this early, even if you haven't yet been accepted on your programme. You can change your details later if anything changes. Visit [studylink.govt.nz](http://studylink.govt.nz) to find out more about StudyLink.

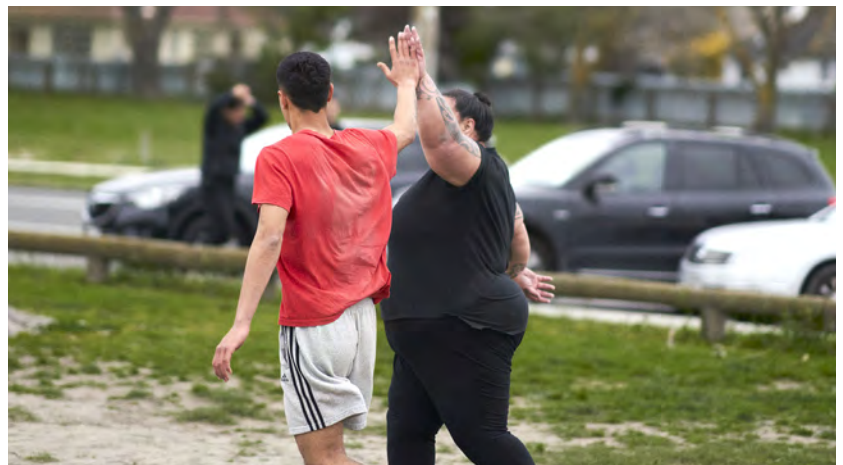
## Student services levy

The student services levy is a compulsory non-tuition fee that is charged to students enrolled at EIT | Te Pūkenga. The levy is to contribute to the provision of quality student services that support learning. The funds received by EIT | Te Pūkenga from the levy are ring-fenced, meaning they can only be spent on student services.

## Student loans and allowances

StudyLink is a service of the Ministry of Social Development. Apply well before your programme begins (even if you haven't been accepted yet) so you'll be ready to get your payments when you need them most.

Check out what you qualify for at [studylink.govt.nz](http://studylink.govt.nz).



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