

2025



NZ Certificate in Health and Wellbeing (Advanced Care and Support)

Level 4

Do you want to further develop your health and wellbeing support skills? This certificate is for people who have successfully completed a relevant Level 3 qualification and are currently employed in the support sector.

This may include supporting people living with complex needs, palliative care, advanced dementia and support staff who are leading teams after hours or on weekends.

The EIT teaching staff live and breathe compassion and kindness, and will introduce you to ideas and theories within supportive learning environments.

To enrol on this programme you must be working in an appropriate, related field and have completed a Level 3 qualification.

Location	Hawke's Bay, Tairāwhiti and Central Hawke's Bay
Start	February
Length	34 weeks full-time (one day per week on campus)
Contact	Sue Jackson Phone: 06 830 1521 Email: sjackson@eit.ac.nz

Advance your support work career

The NZ Certificate in Health and Wellbeing (Advanced Care and Support) will enable you to develop the knowledge and skills to maintain a safe work environment, be an active team member and behave in a professional manner within a health and wellbeing context.

Completion of the NZ Certificate in Health and Wellbeing (Advanced Care and Support) [Level 4] is designed to enable you to:

- Apply complex health and workplace best practices
- Support families and whānau accessing services
- Contribute to workplace teams and delegate tasks
- Apply effective communication

You must be working or volunteering in an appropriate, related field.

Please feel free to contact us by phone, email or private message us on Facebook for a chat about your study options.

Career and Study Opportunities

The NZ Certificate in Health and Wellbeing (Advanced Care and Support) [Level 4] enhances your experience in the health sector and provides an opportunity to work across a number of community providers and organisations.

You can progress into other programmes including:

- NZ Certificate in Study and Career Preparation [Level 4] (Nursing/Health or Social Sciences Pathway)
- NZ Certificate in Health and Wellbeing (Social and Community Services) [Level 4] with a strand in Mental Health and Addiction Support
- Followed by a Diploma in Mental Health or the Bachelor of Social Work degree

Timetable

Your study time will be made up of contact time (class times, tutorials, industry-based learning) and non-contact time (your own individual study time, online learning).

Contact Time

On campus learning is one day per week, scheduled between 9.00am-3.00pm.

The remainder of your learning is carried out at your place of work within an appropriate, related field (either as an employee or volunteer).

You should plan to spend 10 learning hours per credit. Learning hours include both classroom hours and individual study time.

Access to a computer and the internet is required to complete this programme.

Entry Requirements

You must be currently employed or volunteering in an appropriate, related field.

Academic Requirements

- You must have completed a Level 3 NZ Certificate in Health and Wellbeing (Support Work) or have a support letter/declaration from your workplace.
- If the support letter/declaration identifies any issue that may impact on your ability to complete the programme, you can discuss this with the Programme Coordinator at an information session.



NZ Certificate in Health and Wellbeing (Advanced Care and Support)

Level 4, 120 credits



Hawke's Bay, Tairāwhiti and Central Hawke's Bay



Full-time:

34 weeks (one day per week on campus)



Fee: Visit fees.eit.ac.nz to see the fees for this programme



2025 Key Dates

Hawke's Bay Intake

Starts: Wednesday, 19 February

Ends: Wednesday, 26 November

Central Hawke's Bay and Tairāwhiti Intakes

Starts: Friday, 21 February

Ends: Friday, 28 November

Semester Breaks

14 - 25 April

30 June - 18 July

22 September - 3 October

English Language Entry Requirements

All applicants must demonstrate an acceptable level of English language fluency prior to acceptance in the programme. Ways in which English language fluency may be demonstrated include the following:

- Successful study of a programme in which English was the language of instruction
- Completion of a New Zealand Certificate in English Language (Level 3)
- IELTS Academic score of 5.5, with no band score lower than 5.0, achieved in a single test within the two years preceding enrolment
- Completion of accepted international equivalents
- Completion of an EIT assessment

Entry with Credit

NZQA Unit Standards

If you already have NZQA unit standards that are listed in this qualification and they are registered on the NZQA Framework, the unit standard will be credited to you. Unit standards must be the same number. Verification must be provided in the form of a copy of your Record of Learning from NZQA before the credits are granted.

You may already have some knowledge or skills that can be recognised as part of your intended study. This may take a number of different forms including study while at high school, study at a private training establishment, workplace training, other tertiary study, life experiences or voluntary work. If you think you may qualify, you may want to apply for Cross Credit (CC) or Recognition of Prior Learning (RPL).

- CC is based on the equivalency of courses or qualifications. You would apply for CC if you have passed a very similar course at the same level.
- RPL is based on the assessment of your current knowledge and skills. You would apply for RPL if you had gained the relevant knowledge and skills through life experiences and informal learning situations.

You will be asked to provide details of anything that you would like considered as credit toward your intended programme of study, as part of your application.

You must apply prior to enrolment. CC and RPL cannot be awarded for a course if you are already enrolled in that course.

For further information and enquiries about CC and RPL please contact the Programme Administrator, Sue Jackson, on 06 830 1521 or email sjackson@eit.ac.nz.

Assessments

Assessments include practical demonstration of skills, written workbooks and workplace experience.

Facilities

Facilities include classrooms, workplaces and other community groups.

Scholarships

Scholarships are a way to help financially support your study. They can make life easier by helping to cover your fees and living expenses while you complete your qualification. You don't always need to be an academic high-flyer to qualify.

Find out what's available at scholarships.eit.ac.nz or for general scholarship information please contact scholarships@eit.ac.nz.

The experience you need & the support to succeed

When you study at EIT you'll get the kind of experiences that will help you gain the knowledge and skills to get ahead.

You'll also be supported by lecturers and tutors who are here for you, within a learning environment where you are treated as an individual, not just a number.

They'll know your name and you'll receive one-on-one attention to make sure you get the support to succeed.



Experienced Lecturers

At EIT, you can be confident in the quality of our teaching and your learning experience.

EIT is highly regarded in New Zealand for research excellence due to the quality of our community centred research, our publications and our external grant income provided by funding institutions who have confidence in our research capability. You can be confident your lecturers use the latest knowledge and research in their field of expertise to inform their teaching, and many are at the forefront of knowledge creation within their discipline area.

Our lecturers are highly trained professionals with particular areas of expertise in mental health. Staff maintains contact with other professionals in the health and education sectors.

Name	Qualification
Les Blair <i>Programme Coordinator and Hawke's Bay Lecturer</i>	RN, Dip/CertAdEd, NatCertALNE
Fiona Barrett <i>Central Hawke's Bay Lecturer</i>	EN, Workplace Assessor
Sophie Simpson <i>Tairāwhiti Lecturer</i>	NZDiplomaBusLeadership&Mgmt, NZDipEmpSup

Course Descriptions

NB: Courses are offered subject to sufficient enrolments.

Course No.	Brief Description	NZQA Level	No. of Credits	Version
ACS4.001	The Team	4	20	
US23393	Apply and evaluate a risk management plan for a person in a health or wellbeing setting.	4	4	5
US28989	Demonstrate and apply knowledge of cultural diversity and support strategies in a health or wellbeing setting.	4	6	3
US28984	Work collaboratively in a health or wellbeing setting.	4	10	4
ACS4.002	Models of Care	4	16	
US28985	Demonstrate knowledge of service delivery models and strategies in a health or wellbeing setting.	4	8	4
US28987	Contribute to a personal plan for a person with complex needs in a health or wellbeing setting.	4	8	3
ACS4.003	Complex Needs	4	10	
US23920	Demonstrate knowledge of support for people living with dementia.	4	6	6
US23923	Demonstrate knowledge of dementia.	4	4	7
ACS4.004	Workplace Practices and Values	4		
	Two case studies presented written and oral (in class) and verification of activities undertaken at workplace.			
ACS4.005	Complex Support	4	13	
US28988	Describe and apply knowledge of supporting a person with complex needs in a health or wellbeing setting.	4	8	3
US28993	Respond to changes and perform observations and/or clinical tasks in a health or wellbeing setting.	4	5	3
ACS4.006	Professional Approach	4	18	
US28991	Demonstrate knowledge of and apply peer mentoring in a health or wellbeing setting.	4	6	3
US28994	Demonstrate leadership in a health or wellbeing setting.	4	6	4
US28992	Explain, apply and evaluate self-reflection in a health or wellbeing setting.	4	6	4
ACS4.007	End of Life Care and Support	4	8	
US29523	Apply a palliative care approach in a health or wellbeing setting.	4	8	4
ACS4.008	Application of Best Practice in the Workplace	4		
	One case study presented, written and oral (in class) verification report of activities undertaken in workplace.			

How to Enrol

There is an easy 3-step process to follow when enrolling at EIT.

Step 1

Check out eit.ac.nz to see the programmes available for you to study. A copy of the course information for each programme is available on our website.

Step 2

You can now use your RealMe verified identity to apply for study at EIT. If you use your RealMe verified identity you will no longer be sent a copy of your application form to sign. You also will not need to provide us with a copy of your primary ID.

If you apply online without using RealMe then you will be sent a summary of your enrolment to check and sign. It will also include course selection forms which you need to complete and return. Your enrolment cannot progress until you have sent the summary and forms back to us.

You can also apply using a paper enrolment form. Please call us on 0800 22 55 348 and we will send you one.

You will receive an acceptance letter from your Faculty with programme information. This will include the start date of your study and any special information regarding your programme. Depending on your chosen programme of study, you may be invited to attend an interview before you are accepted.

Step 3

Arrangement for full payment of enrolment fees must be made before the start of your programme. You will receive an invoice with payment details.

Fees Free Government Scheme: Tertiary education is fees-free for eligible domestic tertiary students. To check if you are eligible, go to [FeesFree.govt.nz](https://feesfree.govt.nz) and enter your National Student Number (NSN). If you are not eligible you will be responsible for paying your fees.

Scholarships and Grants: Scholarships and grants make life easier by helping to cover your fees, other costs and living expenses while you study. You don't always need to be an academic high-flyer to qualify. You can find out more about scholarships and other options for paying your fees at eit.ac.nz.

StudyLink: If you need to pay for your own study you can choose to apply for your Student Loan and Student Allowance with StudyLink. You should do this early, even if you haven't yet been accepted on your programme. You can change your details later if anything changes. Visit studylink.govt.nz to find out more about StudyLink.

Student Services Levy

The student services levy is a compulsory non-tuition fee that is charged to students enrolled at EIT. The levy is to contribute to the provision of quality student services that support learning. The funds received by EIT from the levy are ring-fenced, meaning they can only be spent on student services.

Student Loans and Allowances

StudyLink is a service of the Ministry of Social Development. Apply well before your programme begins (even if you haven't been accepted yet) so you'll be ready to get your payments when you need them most.

Check out what you qualify for at studylink.govt.nz.



DISCLAIMER:

All information in this publication pertains to New Zealand Citizens or Permanent Residents, and is correct at the time of printing but is subject to change. EIT is a Business Division of Te Pūkenga – New Zealand Institute of Skills and Technology. EIT reserves the right to amend/withdraw programmes or courses. Fees for 2025 will be set by November 2024 and are subject to change.

For the latest information, or for full programme entry requirements visit eit.ac.nz or phone 0800 22 55 348.

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Unit Standard Selection Form

Please detach and return this completed form with your enrolment form.

Applicant Name: _____

Please tick the campus you wish to study at:

- ☐ Hawke's Bay Campus ☐ Tairāwhiti Campus
- ☐ Central Hawke's Bay Learning Centre

Please tick the courses you wish to study (all classes are from 9.00am-3.30pm).

Please DO NOT TICK unit standards you have already completed. Please supply evidence of this when you enrol (refer to the section on Entry with credit).

Course No.	Brief Description	No. of Credits	Tick
ACS4.001	The Team	20	
US23393	Apply and evaluate a risk management plan for a person in a health or wellbeing setting.	4	<input type="checkbox"/>
US28989	Demonstrate and apply knowledge of cultural diversity and support strategies in a health or wellbeing setting.	6	<input type="checkbox"/>
US28984	Work collaboratively in a health or wellbeing setting.	10	<input type="checkbox"/>
ACS4.002	Models of Care	16	
US28985	Demonstrate knowledge of service delivery models and strategies in a health or wellbeing setting.	8	<input type="checkbox"/>
US28987	Contribute to a personal plan for a person with complex needs in a health or wellbeing setting.	8	<input type="checkbox"/>
ACS4.003	Complex Needs	10	
US23920	Demonstrate knowledge of support for people living with dementia.	6	<input type="checkbox"/>
US23923	Demonstrate knowledge of dementia.	4	<input type="checkbox"/>
ACS4.004	Workplace Practices and Values		<input type="checkbox"/>
	Two case studies presented written and oral (in class) and verification of activities undertaken at workplace.		
ACS4.005	Complex Support	13	
US28988	Describe and apply knowledge of supporting a person with complex needs in a health or wellbeing setting.	8	<input type="checkbox"/>
US28993	Respond to changes and perform observations and/or clinical tasks in a health or wellbeing setting.	5	<input type="checkbox"/>
ACS4.006	Professional Approach	18	
US28991	Demonstrate knowledge of and apply peer mentoring in a health or wellbeing setting.	6	<input type="checkbox"/>
US28994	Demonstrate leadership in a health or wellbeing setting.	6	<input type="checkbox"/>
US28992	Explain, apply and evaluate self-reflection in a health or wellbeing setting.	6	<input type="checkbox"/>
ACS4.007	End of Life Care and Support	8	
US29523	Apply a palliative care approach in a health or wellbeing setting.	8	<input type="checkbox"/>
ACS4.008	Application of Best Practice in the Workplace		<input type="checkbox"/>
	One case study presented, written and oral (in class) verification report of activities undertaken in workplace.		