

For NZ Citizens and  
Permanent Residents

# NZ Diploma in Health and Wellbeing [Level 5]

## Applied Practice

The NZ Diploma in Health and Wellbeing (Applied Practice) [Level 5] programme is designed for those who have already developed or wish to develop a higher level of competence. It will give a more in-depth understanding of health support than is covered by the certificate level qualifications in health and wellbeing or mental health and addiction support.

These health workers may have more seniority in the workplace, carry a higher level of responsibility and engage in more complex relationships with consumers/tangata whai ora. They may also lead a team of health workers.

|         |   |
|---------|---|
| Campus  | EIT Hawke's Bay (with online material and support)          |
| Starts  | February  |
| Length  | One year full-time  |
| Contact | Raewyn Ashby   Phone: 06 830 1860   Email: rashby@eit.ac.nz |

EASTERN INSTITUTE OF TECHNOLOGY

eit.ac.nz | 0800 22 55 348 |   





# Make a difference in your community

The NZ Diploma in Health and Wellbeing (Applied Practice) [Level 5] programme offers you stimulating training, leading towards an advanced qualification as a health sector team member.

You are expected to have completed a relative Level 4 qualification or to have prior experience working in the health sector to enrol in this diploma programme.

This programme has a large practicum component and online learning opportunities alongside classroom courses scheduled through the year.

This programme is open to all who fulfil the entry criteria.

Subject areas include: building rapport and relationships; health, community and sustainability; recovery (mental health and addiction) issues; professional practice, ethics and leadership; and integrating Māori perspectives and approaches.

You are welcome to make an appointment to discuss your study options with our staff and to view our facilities.

## YOUR FUTURE CAREER AND STUDY OPPORTUNITIES

In the diverse mental health environment, support workers provide a variety of services to clients within a range of health and community settings.

Possible job and career opportunities exist within:

- ▶ Community-based support services
- ▶ Day programmes
- ▶ Iwi health providers
- ▶ Mental health and addiction support services
- ▶ Peer support
- ▶ Residential support services
- ▶ Volunteer sector

Further your study with the NZ Diploma in Addiction Studies (Applied) [Level 6].

## WHAT YOU NEED TO KNOW

### NZ Diploma in Health and Wellbeing (Applied Practice)

|        |                    |         |     |
|--------|--------------------|---------|-----|
| Level  | 5                  | Credits | 120 |
| Length | 34 weeks full-time | Fee*    | TBC |

\* This is a guide only based on the previous year. All costs quoted include GST and student services levy. Fees apply to New Zealand citizens and New Zealand permanent residents only.

## INDUSTRY-BASED TRAINING

Practical work experience (a minimum of 200 hours) in health organisations forms an integral part of this qualification. Students often regard their student placement as a key part of their learning experience. This programme is ideally suited to those who are currently working or volunteering in the Health Sector.

## PARTNERSHIPS

We value our partnership with students and aim to provide quality education in a supportive environment, encouraging personal growth and professional development.

## 2022 KEY DATES

### PROGRAMME STARTS

Monday, 14 February

### PROGRAMME ENDS

Friday, 25 November

### EIT SEMESTER HOLIDAYS

15 April - 29 April

27 June - 15 July

3 October - 14 October

## TIMETABLE

Your study time will be made up of face-to-face classroom-based study scheduled throughout the year on Tuesday, Wednesday and Friday between 9.00am - 3.00pm.

You are required to complete 200 hours in a workplace or practicum setting as well as self-directed study and on-line activities. Additional study days and tutorials will also be scheduled.

Access to a computer and the internet is required to complete this programme.

## ADDITIONAL COSTS

- ▶ \$250 approximately for stationery and cost of personal travel to placement locations.

## ENTRY CRITERIA

### Academic Criteria

- ▶ Successful completion of an approved qualification at Level 3/4 on the NZQF; or
- ▶ Attend an information session with a member of the academic staff and successful completion of the alternative academic entry test.

### Information Session

An information session is compulsory for those who do not meet the academic entry criteria and it is recommended for those who do meet the academic entry criteria. It will allow parties to exchange information about what the programme provides for students, and requires of students. Included will be discussion of possible career paths for the student, motivation, physical and emotional requirements and applicant's abilities, background, experiences and interests. Attendance of whānau members and/or other support people is encouraged.

### Alternative Academic Entry Assessment

The alternative academic entry assessment will measure applicant's Literacy and Numeracy ability to ensure that it is of a level to cope with the demands of the programme.

## Professional Criteria

All applicants are required to:

- ▶ Sign a NZ Police Vetting Service Request and Consent form\*.

This request is consistent with industry expectations and the type of work undertaken whilst on the programme or as a graduate of the programme.

If the declaration identifies any issue that may impact on the applicant's ability to complete the programme, the applicant can discuss these with the Programme Coordinator at an information session. EIT reserves the right to decline entry to the programme should an applicant's Police record be such that they would be considered unsuitable for the type of work undertaken whilst on this programme or by graduates of this programme. The guidelines on which this decision will be based are the relevant professional association or industry requirements.

**\* Please note: If you are currently employed by a health industry provider you are not required to undergo a NZ Police check.**

## ENGLISH LANGUAGE ENTRY REQUIREMENT

Applicants for whom English is not their first language must have an acceptable level of English language fluency prior to enrolment in the programme. This may be demonstrated in a variety of ways, including successful study of a programme in which English was the language of instruction, completion of a New Zealand Certificate in English Language (Level 3), approved scores on IELTS tests (6.0 Academic with no band score lower than 5.5), completion of accepted international equivalents or completion of an EIT assessment.

## ENTRY WITH CREDIT

You may already have some knowledge or skills that can be recognized as part of your intended study. This may take a number of different forms including study while at high school, study

at a private training establishment, workplace training, other tertiary study, life experiences or voluntary work. If you think you may qualify, you may want to apply for Cross Credit (CC) or Recognition of Prior Learning (RPL).

- ▶ CC is based on the equivalency of courses or qualifications. You would apply for CC if you have passed a very similar course at the same level.
- ▶ RPL is based on the assessment of your current knowledge and skills. You would apply for RPL if you had gained the relevant knowledge and skills through life experiences and informal learning situations.

You will be asked to provide details of anything that you would like considered as credit toward your intended programme of study, as part of your application.

For further information and enquiries about CC and RPL please contact the Programme Secretary, Raewyn Ashby, on 06 830 1860.

## ASSESSMENTS

Assessments include on-line essays, written reports, assignments and practical demonstration of skills.

## THE EXPERIENCE YOU NEED & THE SUPPORT TO SUCCEED

When you study at EIT you'll get the kind of experiences that will help you gain the knowledge and skills to get ahead.

You'll also be supported by lecturers and tutors who are here for you, within a learning environment where you are treated as an individual, not just a number. They'll know your name and you'll receive one-on-one attention to make sure you get the support to succeed.



# HOW TO ENROL

There is an easy 3-step process to follow when enrolling at EIT.

## STEP 1

Check out the programmes online to see the programmes available for you to study. A copy of the course information for each programme is available online.

## STEP 2

You can now use your RealMe verified identity to apply for study at EIT. If you use your RealMe verified identity you will no longer be sent a copy of your application form to sign. You also will not need to provide us with a copy of your primary ID.

If you apply online without using RealMe then you will be sent a summary of your enrolment to check and sign. It will also include course selection forms which you need to complete and return. Your enrolment cannot progress until you have sent the summary and forms back to us.

You can also apply using a paper enrolment form. Please call us on **0800 22 55 348** and we will send you one out.

You will receive an acceptance letter from your Faculty with programme information. This will include the start date of your

study and any special information regarding your programme. Depending on your chosen programme of study, you may be invited to attend an interview before you are accepted.

## STEP 3

Arrangement for full payment of enrolment fees must be made before the start of your programme. You will receive an invoice with payment details.

**Fees-Free government scheme:** Tertiary education is fees-free for eligible domestic tertiary students. To check if you are eligible, go to [FeesFree.govt.nz](https://feesfree.govt.nz) and enter your National Student Number (NSN). If you are not eligible you will be responsible for paying your fees.

**Scholarships and grants:** Scholarships and grants make life easier by helping to cover your fees, other costs and living expenses while you study. You don't always need to be an academic high-flyer to qualify. You can find out more about scholarships and other options for paying your fees at [eit.ac.nz](https://eit.ac.nz).

**StudyLink:** If you need to pay for your own study you can choose to apply for your Student Loan and Student Allowance with StudyLink. You should do this early, even if you haven't yet been accepted on your programme. You can change your details later if anything changes. Visit [studylink.govt.nz](https://studylink.govt.nz) to find out more about StudyLink.

## STUDENT SERVICES LEVY

The Student Services Levy is a compulsory non-tuition fee that is charged to students enrolled at EIT. The levy is to contribute to the provision of quality student services that support learning. The funds received by EIT from the levy are ring-fenced, meaning they can only be spent on student services.

## STUDENT LOANS AND ALLOWANCES

StudyLink is a service of the Ministry of Social Development. Apply well before your programme begins (even if you haven't been accepted yet) so you'll be ready to get your payments when you need them most.

Check out what you qualify for at [studylink.govt.nz](https://studylink.govt.nz).



## EIT is now part of Te Pūkenga

Te Pūkenga will bring together New Zealand's Institutes of Technology, Polytechnics, and Industry Training Organisations to build a network of on job, on campus and online learning. The services we offer will not only remain, they will be strengthened by being part of the extensive Te Pūkenga network around the country. From 2023 your enrolment will transfer to Te Pūkenga and you will become part of the extensive Te Pūkenga network around the country.



## EXPERIENCED LECTURERS

You can be confident in the quality of our teaching and your learning experience at EIT.

EIT is one of the top ITPs in New Zealand for research excellence due to the quality of our community centred research, and associated publications and level of government and external grant income. This means that your lecturers use the latest knowledge and research in their field of expertise to inform their teaching, and many are at the forefront of knowledge creation within their discipline area.

Our lecturers are highly trained professionals with particular areas of expertise in mental health. Staff maintains contact with other professionals in the health and education sectors.

| NAME   | QUALIFICATION | NAME  | QUALIFICATION  |
|--|---------------|---|--|
| Les Blair<br>Programme Coordinator<br>Ph: 06 830 1378<br>Email: lblair@eit.ac.nz | RN, DipAdEd   | Chris Malcolm<br>Lecturer<br>Ph: 06 830 1840<br>Email: cmalcolm@eit.ac.nz | MTh (Oxford), PGDipHSc (CBT),<br>BTheol (Akl), BA (Victoria) |

## COURSE DESCRIPTIONS

NB: Courses are offered subject to sufficient numbers applying.

| COURSE NO. | BRIEF DESCRIPTION - CORE / COMPULSORY COURSES  | NO. OF CREDITS | NZQA LEVEL | SEMESTER OFFERED |
|------------|--|----------------|------------|------------------|
|            | <b>Te Hāpai Whanaungatanga - Building Rapport and Relationships</b>  |                |            |                  |
| HW5.110    | Extends and consolidates students' skills for engaging and communicating effectively with service users (and their whānau/natural supports) alongside development of students' own self-awareness.   | 15             | 5          | 1                |
|            | <b>Te Oranga Hapori - Health, Community and Sustainability</b>   |                |            |                  |
| HW5.120    | Explores addiction-related issues within the wider context of individual and community wellbeing within New Zealand, regional and community/social contexts with a focus on social issues and social policy; sustainable practice, availability and accessibility of community support networks and resources and other factors that influence the wellbeing and safety of service users and their whānau. | 15             | 5          | 1                |
|            | <b>Take Mate Hinengaro, Take Mate Tarukino - Recovery (Mental Health and Addiction) Issues</b>   |                |            |                  |
| HW5.130    | Students examine the principles and practices, models and theories that underpin mental health and addictions work and that support recovery.  | 15             | 5          | 1                |
|            | <b>He Whakaaroaro ki ngā Wheako Wāhi Mahi - Reflecting on Practicum Experience</b>   |                |            |                  |
| HW5.140    | To reflect on the application of knowledge, strategies and skills in workplace settings. With a focus on engagement with people and their whānau and identification of support and intervention needs.   | 15             | 5          | 1                |
|            | <b>He Tirohanga Ao Māori - Integrating Māori Perspectives and Approaches</b>   |                |            |                  |
| HW5.250    | To explore and engage with key concepts from a Te Ao Māori world-view, especially as they apply to hauora/health and wellbeing.  | 15             | 5          | 2                |
|            | <b>He Whakawhānui i te Puna Rauemi - Extending Knowledge and Resources</b>   |                |            |                  |
| HW5.260    | Explores a wider range of Western and Non-western theoretical models and intervention strategies used within the mental health and addictions sectors.   | 15             | 5          | 2                |
|            | <b>Ngā Tikanga Umanga - Professional Practice, Ethics and Leadership</b>   |                |            |                  |
| HW5.270    | To develop a robust understanding of the requirements for professional practice in mental health and addiction settings, including ethical, safety and legal issues and effective communication and collaboration with colleagues, service users and other.  | 15             | 5          | 2                |
|            | <b>He Kuhunga ki te Ao Wāhi Mahi - Application of Learning in the Workplace</b>  |                |            |                  |
| HW5.280    | Application and consolidation of learners' knowledge, strategies and role-specific skills (in a workplace/practicum placement setting). Working with people and their whānau to foster hope, build resilience, support autonomy and recovery.  | 15             | 5          | 2                |



## NZ DIPLOMA IN HEALTH AND WELLBEING (APPLIED PRACTICE) [LEVEL 5]

### DOCUMENTATION / FORMS

# Please Note

**The following documents need to be completed and returned with your application/enrolment.**

**Without these documents we are unable to proceed with your application.**

- ▶ Brief Personal Statement including brief CV/Work History
- ▶ NZ Police Vetting Service Request and Consent Form\*

**\*Please note: If you are employed by a health industry provider you are not required to undergo a Police check**





# NZ DIPLOMA IN HEALTH AND WELLBEING (APPLIED PRACTICE) [LEVEL 5]

## BRIEF PERSONAL STATEMENT

Please also include a brief CV/ Work History

Applicant's Name: .....

1. What do you believe are your personal strengths?

.....  
.....  
.....  
.....

2. How would you describe your attributes as a friend, a family member, or as a member of your community?

.....  
.....  
.....  
.....

3. Why are you interested in studying for a qualification in mental health support?

.....  
.....  
.....  
.....

4. If you have worked / volunteered within this industry, please describe your experience and the number of hours involved

.....  
.....  
.....  
.....

5. Have you ever had a criminal conviction?

Yes  No

As part of this programme, you may have practical experiences with agencies or organisations who require this and/or other personal information. A prior conviction may not necessarily exclude you from acceptance into the programme, but we may need to discuss it with you.

If you are currently working in the health sector you are **not required** to submit a Police check.

6. If you have any health or disability issues that may affect your ability to successfully complete this programme, that could affect your safety or those for whom you are providing care, please outline this:

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7. If you care for dependents or others and this may affect your ability to successfully complete the programme, please explain the nature of this and how it may affect your study.

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Applicant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Section 1: Approved Agency to complete** (For more information please see the [Guide to Completing the Consent Form](#) - <http://www.police.govt.nz/advice/businesses-and-organisations/vetting/forms-and-guides>)

**Name of Approved Agency submitting vetting request:**

Eastern Institute of Technology - E70351

**Name of Applicant to be vetted:**

**Description of Applicant's role:**

Student of the NZ Diploma in Health and Wellbeing (Applied Practice)

**Applicant's purpose**

- Employee     
  Contractor/Consultant     
  Volunteer     
  Prosecution  
 Vocational Training     
  Licence/Registration     
  Visa/Work Permit     
  Other

**What group(s) will the applicant have contact with in their role for your agency?**

- Children/Youth     
  Elderly     
  Other Vulnerable Adults     
  Other

**What is the applicant's primary role for your agency?**

- Caregiving (Children)     
  Caregiving (Vulnerable adults)     
  Healthcare     
  Education     
  Other

**Will the role take place in the applicant's home?**

- Yes     
  No

**Will the applicant be a volunteer or paid for their role?**

- Paid     
  Volunteer

**Is this request mandatory under the Children's Act 2014 (CA)?**

- Yes: Core childrens worker     
  Yes: Non-core childrens worker  
 No (mandatory under other legislation/optional/standard Police Vet)

**If this is a mandatory Children's Act request, please specify the check reason below:**

- New Children's Worker     
  Existing Children's Worker     
  CA Renewal

**Evidence of Identity** (to be completed by agency representative/delegate or identity referee - see [guide](#) for details)

- A primary ID has been sighted (Mandatory)     
  A secondary ID has been sighted (Mandatory)  
 One form of ID is photographic (Mandatory)     
  Evidence of name change has been sighted (if applicable)

*OR: If your organisation is able to accept a verified RealMe identity then:*

- An assertion of a RealMe identity has been received (see [guide](#) for further information).

In making this request, I confirm that:

- I have complied and will comply with the [Approved Agency Agreement](#)  
 I am satisfied with the correctness of the applicant's identity  
 I have obtained the Applicant's authorisation to submit this vetting request as set out in section 3 of this form

Approved Agency Authorised Representative:

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Electronic Signature

**Name of Approved Agency submitting vetting request:**

Eastern Institute of Technology - E70351

**Section 2: Applicant to complete and return to Approved Agency**

*\*Denotes a mandatory field*

**Personal Information**

Details (note: the name you are most commonly known by is your primary name)

\*Family name (Primary):

Given name(s):

\*Gender:

(M) (F) (Other)

\*Date of birth:  
(dd/mm/yyyy)

Place of birth:  
(Town/City/State)

\*Country of birth

NZ Driver Licence  
number:

**Previous names:** If applicable, please include other alias or alternate names; married name if not your primary name; previous/maiden/name changed by deed poll or statutory declaration.

| Family name          | First name           | Middle names         |
|----------------------|----------------------|----------------------|
| <input type="text"/> | <input type="text"/> | <input type="text"/> |
| <input type="text"/> | <input type="text"/> | <input type="text"/> |
| <input type="text"/> | <input type="text"/> | <input type="text"/> |
| <input type="text"/> | <input type="text"/> | <input type="text"/> |
| <input type="text"/> | <input type="text"/> | <input type="text"/> |

**Permanent Residential Address**

\*Number/Street:

Suburb:

Post Code:

\*City/Town/  
Rural District:

## Section 3: Applicant to complete and return to Approved Agency

### Consent to release information

1. The New Zealand Police may release **any** information they hold if relevant to the purpose of this vetting request. This includes:
  - Conviction histories and infringement/demerit reports
  - Active investigations, charges and warrants to arrest
  - Charges that did not result in a conviction including those that were acquitted, discharged without conviction, diverted or withdrawn
  - **Any** interaction I have had with New Zealand Police considered relevant to the role being vetted, including investigations that did not result in prosecution
  - Information regarding family violence where I was the victim, offender or witness to an incident or offence, primarily in cases where the role being vetted takes place in a home environment where exposure to physical or verbal violence could place vulnerable persons at emotional or physical risk.
  - Information subject to name suppression where that information is necessary to the purpose of the vet
2. If I am eligible under the Criminal Records (Clean Slate) Act 2004, my conviction history will not be released **unless**:
  - a. Section 19(3) of the Clean Slate Act applies to this request (exceptions to the clean slate regime)
  - b. Section 31(3) of the Children’s Act 2014 applies to this request (safety checks of core children’s workers).
  - c. The vetting request is made by an individual for the purpose of an overseas Visa/Work Permit as a Privacy Act request authorising the vetting result to be provided directly to the relevant embassy, high commission or consulate.

Please see the [guide](#) for more information regarding the Clean Slate legislation.

3. The Police Vetting Service may disclose newly-obtained relevant information to the Approved Agency after the completion of the Police Vet in the following circumstances:
  - The disclosure of the newly-obtained information is considered to be justified under the Privacy Act 1993 (if it had existed or been available at the time of the Police vet, it would have been disclosed); and
  - The Police Vetting Service has taken steps to confirm that the purpose of the Police vet still exists – e.g. that I got the role which required a Police vet and am still employed or engaged in it.

The Vetting Service will endeavour to notify you prior to the disclosure.

4. Information provided in this consent form may be used to update New Zealand Police records.
5. I am entitled to a copy of the vetting result released to the Approved Agency (to be provided by the agency) and can seek a correction by contacting the Vetting Service.
6. The Approved Agency will securely dispose of this consent form, copies of identification documents and the vetting result within 12 months of receiving the result unless a longer retention period is required by legislation.
7. I may withdraw this consent, prior to Police’s disclosure of the vetting result, by notifying the Approved Agency.

For further information, please see the [Guide to Completing the Consent Form](#).

#### **Applicant’s Authorisation:**

- ✓ I confirm that the information I have provided in this form relates to me and is correct.
- ✓ I have read and understood the information above.
- ✓ I authorise New Zealand Police to disclose any personal information it considers relevant to my application (as described above) to the Approved Agency making this request for the purpose of assessing my suitability at any time.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Electronic  
Signature