



Counselling Services Tari Whakapakari Ngākau

A free confidential service provided to
EIT | Te Pūkenga students

If you need assistance with –

- Personal or study stress
- Relationship problems
- Conflict situations
- Anxiety/depression
- Anger/violence
- Grief/loss
- Harassment
- Personal trauma
- Addictions

Call **0508 664 981** 24/7, scan QR code below or complete
the online referral form at
<https://www.vitae.co.nz/contact/Te-Pukenga/>

You can download the Vitae app free by searching Vitae NZ at the apps store.
Counselling services are available by telephone or video (zoom).



0508 664 981

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vitae.co.nz