

Bottle Storage and Preparation – Procedure PO155-2

PURPOSE

To ensure that children's health is promoted.

PROCEDURE

Storage

Bottles containing milk are kept in the fridge with the teat covered.

Heating formula or fresh milk

1. Heat individual bottles as needed- do not leave out of the fridge longer than necessary.
2. Heat bottles of formula or fresh milk no more than twice.
3. If using the microwave, remove the teat and heat one bottle at a time.
4. Thoroughly shake and test temperature on your wrist before serving to child.
5. Heat for 15-20 seconds, test and heat more if necessary.
6. Heat individual bottles as needed- do not leave out of the fridge longer than necessary.
7. Heat bottles of formula or fresh milk no more than twice.
8. If using the microwave, remove the teat and heat one bottle at a time.
9. Thoroughly shake and test temperature on your wrist before serving to child.
10. Heat for 15-20 seconds, test and heat more if necessary.

Breast Milk

1. Breast milk maybe kept for up to 4 days in the fridge and 6-12 months in the freezer.
2. Do not heat in the microwave, stand bottle of milk in a jug of hot water.
3. Heat breast milk only once.
4. Heat small amounts at one time.

Cleaning Bottles

1. Follow dishwashing procedure
2. After washing thoroughly, place bottles, teats, caps in steriliser and run as operating instructions dictate.

Document information – Office use only	
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