

MASTER OF HEALTH SCIENCE POSTGRADUATE DIPLOMA IN HEALTH SCIENCE

Information for International applicants

2017
ENTRY

Napier and Auckland

The Master of Health Science is a 180 credit (one and one-half years full time) programme which provides the opportunity for health practitioners/ health managers to advance and expand their knowledge and expertise within an interdisciplinary learning environment. Students will develop skills of critical analysis, constructive synthesis, advanced practice and research within their discipline area.

The Postgraduate Diploma in Health Science is a 120 credit (one year full-time), interdisciplinary programme that provides the opportunity for qualified health professionals and health service managers to develop advanced practice knowledge and critical analysis skills.

Courses are characterised by advanced study in a specific health science discipline, requiring a foundation of undergraduate knowledge and skills achieved through previous tertiary qualifications.

Qualification Master of Health Science
Postgraduate Diploma in Health Science

Programme level Level 9 (Masters)
Level 8 (Postgraduate Diploma)

Length 1.5 years (Masters)
1 year (Postgraduate Diploma)

Start dates 20 February, 24 July (Napier)
Dates for Auckland to be confirmed.

Study options Full-time

Fees NZ\$ 33,000 (Masters - programme fee
for 1.5 years)
NZ\$23,600 (Postgraduate Diploma)

Total number of credits 180 (Masters)
120 (Postgraduate Diploma)

Class delivery Most of the courses are delivered online. Some courses may require attendance at synchronous online sessions or face-to-face workshops at an EIT campus. Any requirement for attendance at online or face-to-face sessions is identified in the course information

Individual study hours Each credit for the course generally represents approximately ten hours of student learning/study time over the period of the course. Each course has various synchronous and asynchronous methods of teaching depending on the course requirements. Students are expected to spend subsequent time in independent study, critical reflection, and field work in their place of study or place of work

Location Napier and Auckland

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STUDENT PROFILE

Name Sumi Poudel

Programme Post Graduate Diploma in Health Science

Country Nepal

My course here at EIT is delivered online which is different to what I was used to in Nepal. The main benefit of this is that I have been able to study at anytime, anywhere! This has made things very flexible especially when it comes to working part-time. It has also enabled me to direct my own study and research so I did not relying on teachers and tutors all the time. However, in saying that if I wanted to meet with my tutor it was easy to make an appointment to meet with them and they were all very helpful.



international.eit.ac.nz



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PROGRAMME INFORMATION

The Postgraduate Diploma in Health Science provides the opportunity for health managers and health practitioners to advance and expand their knowledge and expertise within an interdisciplinary learning environment. The study pathway for the Master of Health Science is as follows: **Complete 120 credits from the level 8 courses, plus two level 9, 30-credit courses: Research Methods and Design and Independent Scholarly Project.**

COURSE DESCRIPTIONS

NB: Courses are offered subject to sufficient numbers enrolling. Not all courses are offered every year so please consults with the Programme Coordinator on arrival in regard to your choice of courses. **Key: N Nursing; I-D Interdisciplinary; N/M Nursing and Midwifery**

COURSE NO. AND MODE OF DELIVERY	LEVEL 8 COURSES BRIEF DESCRIPTION	CREDIT VALUE
CLINICAL SPECIALITY PRACTICE		
MHS8.424 Online delivery	<p>Integrated Disease Management (I-D) This course provides an in-depth review of adult disease management, its impact on health care provision and the need for integrated care across all health disciplines and services. Students will reflect on disease management as a complete, rather than fragmented, approach to care, with an emphasis on risk assessment and early intervention that focuses on reducing morbidity in individuals with chronic illness.</p> <p>Teaching and learning approaches in the course allow students to examine disease management from their own professional, clinical, contextual and service orientations, thus allowing them to develop clinical and professional leadership skills commensurate with their scope and level of clinical practice. MN8.402 is a required prerequisite course</p>	30
MN8.407 Online delivery	<p>Human Lactation, Breastfeeding and Infant Nutrition (I-D) This course develops theoretical and practical knowledge of breastfeeding, human lactation and infant nutrition to an expert level. Practitioners are assisted to explore the context of breastfeeding, human lactation and infant nutrition in relation to historical and socio-cultural perspectives, anatomy and physiology, mother - baby dyad and other contemporary issues.</p> <p>Practitioners completing this course would be capable of providing lactation education and environments that support breastfeeding, and infant nutritional support.</p>	30
MHS8.425 Blended / Online delivery	<p>Child and Family Health in Interdisciplinary Practice (I-D) Advances in health care are initiating changes from an individual/person paradigm to the health care of families as a whole (Kaakinen et al, 2010). Arising from this starting point, this course draws on knowledge of the child/tamariki, youth/rangatahi and families/whānau. The child/youth within the family as the centre of health care will be examined and explored from a wide range of perspectives and disciplines.</p>	30
MHS8.426 Online delivery	<p>Health and an Aging Population (I-D) This course recognises the diversity of the age group and the complex relationship between determinants of health, health status and well-being. With the steady increase in the number of older people in the population, it has been recognized that this cohort requires additional support and services to enable appropriate assessment, planning and delivery of care with an emphasis on aging "in place"</p> <p>The course examines the scope of independent/collaborative practice in relation to health promotion, maintenance and restoration of health, preventative care, rehabilitation and/or palliative care and encourages the generation of new approaches to the delivery of expert care in different settings.</p>	30
MHS8.427 Blended / Online delivery	<p>Interdisciplinary Approaches to Mental Health (I-D) This course will investigate theoretical viewpoints and practical interventions in the field of mental health and the roles of interdisciplinary professionals when working with individuals or groups with mental health issues. Critical examination of aetiological factors, current practices and evaluation of research will provide insight towards planning interventions and reviewing current initiatives.</p>	30
MHS8.428 Online delivery	<p>Interdisciplinary Diabetes Management (I-D) This course develops theoretical and practical knowledge of diabetes mellitus within an interdisciplinary and primary health care framework.</p> <p>Students are assisted to explore the context of diabetes mellitus in relation to the impact of this disease on an international as well as an individual perspective. Contemporary issues in relation to pathophysiology, diagnosis, facilitating clients to reach target goals, and holistic strategies to improve outcomes and prevent comorbidities will be discussed.</p> <p>Students completing this course would be capable of providing diabetes education and therapeutic environments that support the person/family and community associated with diabetes.</p>	30
MHS8.429 Online delivery	<p>Interdisciplinary Primary Health Care (I-D) This course provides the student with the skills that support a comprehensive interdisciplinary approach in a wellness model. Students will reflect on, and critically analyse the theoretical basis of primary health care, with a strong focus on rural health.</p>	30

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MHS8.435 Blended/online delivery	<p>Māori Health (I-D) This course enables the student to develop and extend knowledge and understandings of issues in Māori health from a community development and/or Māori health development perspective. An overview of Māori health will be explored, together with models for describing and analysing health. Students will critically review health strategies, programmes and interventions to reduce health inequalities among Māori with particular focus on research, ethical and policy issues related to Māori health.</p>	30
CLINICAL MANAGEMENT		
MN8.405 Online delivery	<p>Ethical Concepts and Legal Issues for Advanced Practice (I-D) This course advances knowledge and understanding of ethical and legal principles associated with health care. Students explore questions and reflect on issues concerning the equity and appropriateness of health care services.</p>	30
MN8.408 Online delivery	<p>Health Services Management (I-D) This course is intended for those working in health service management and those considering the possibility of a management role. It is anticipated that students participating in this course are able to apply their knowledge and skills to their chosen area of practice. Students will be encouraged to identify and reflect upon the legal and regulatory requirements for health service management as well as the quality management ramifications arising from these.</p>	30
MN8.423 Online delivery	<p>Operational Management for Health Services (I-D) This course is intended for those already working in health service management as well as those considering the possibility of an operational management role. The course provides an overview of current operational management practices that are relevant to Health Services. Students participating in this course will have the opportunity to apply their knowledge and skills in a critical way to their chosen area of practice. The course consists of several key areas in operational management. It provides the opportunity for the health professional to critically discuss and appraise operational management in health services. This course requires the health professional to reflect upon, evaluate and record their personal journey of development in operational health management practices and processes.</p>	30
MHS8.434 Online delivery	<p>Health and Public Policy (I-D) This course provides students with the opportunity to explore the relationships between public policy and health. The course addresses several key aspects of public policy; models and frameworks, policy processes, and the role of Government. It provides the opportunity for students to critically discuss and appraise drivers for health policy and undertake a critical analysis of health policies. Students participating in this course will be able to apply their knowledge and skills in a critical way to their area of practice.</p>	30
FAMILY AND PERSON SUPPORT		
MN8.416 Blended/online delivery	<p>Clinical Supervision in the Health Professions (I-D) Professional supervision is a formalised reflective practice. It provides for the sharing of experiences, particularly to surface conflicts, tensions and ethical issues in professional practice. It is an important process that supports the development and maintenance of high quality practice, both for health and social service professionals and for clients. This course assists the practitioner to develop knowledge and skills for professional supervision. It is also relevant for those participating in, or who want to understand the supervision process. Must be done with MN8.419 Advanced Supervision Practice.</p>	30
MN8.419 Blended / Online delivery	<p>Advanced Supervision Practice (I-D) This course builds on the knowledge and practice skills developed in Clinical Supervision in the Health Professions. Using current theories, models and approaches to supervision this course provides an opportunity for critical reflection on, and enhancement of, practice. MN8.416 is a required prerequisite course</p>	30
OTHER OPTIONS		
MN8.402 Online delivery	<p>Advanced Pathophysiology for Health Professionals (I-D) This course builds upon undergraduate study and the knowledge embedded in practice. The course will explore complex adult and child disease processes in order to support advanced diagnostic reasoning and therapeutic interventions for these client groups. This course assumes knowledge of normal physiological function and directs the student towards a progressive and more critical understanding of altered, complex health states.</p>	30
MN8.410 Online delivery	<p>Advancing Specialty Practice (I-D) This course provides opportunities for participants to critically appraise and reflect upon individual and organisational health-related service provision, and to develop strategies for enhancing practice within a specialised area.</p>	30
MHS8.431 Online delivery	<p>Nutrition for Special Populations (I-D) This course will investigate nutritional requirements for special populations and the roles of inter disciplinary professionals when working with individuals or groups. Critical examination of lifestyle factors, nutritional practices and evaluation of current research will provide insight towards planning interventions and reviewing current initiatives.</p>	30

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COURSE NO. AND MODE OF DELIVERY	LEVEL 9 COURSES BRIEF DESCRIPTION	CREDIT VALUE
MHS8.432 Online delivery	<p>Health Promotion (I-D) This course enables the student to develop and extend knowledge and skills in health promotion policy, planning, practice and inter-organisational work with partners. Students will critically examine the theoretical, environmental, economic, and social issues in health promotion policy and practice within New Zealand and in an international context. A specific focus will be on addressing health disparities via health promotion.</p> <p>The course will move through topics related to healthy public policy; social and environmental change; health promotion assessment, development and evaluation; and medical approaches to health promotion such as social marketing and selective primary health care.</p>	30
MHS8.433 Blended/online delivery	<p>Exercise Prescription for Special Populations (I-D) This course aims to provide students with theoretical and practical knowledge of exercise testing and prescription for people within special populations, e.g. those with cardiovascular, respiratory, metabolic, neuro/muscular conditions; or other special populations such as athletes, elderly, pre- or post natal. Topics cover the aetiology and physiology of a range of conditions from an interdisciplinary perspective, the effects of exercise on the condition, and recommendations for exercise testing and programming.</p>	30
MHS9.421 Blended/online delivery	<p>Research Methods and Design (I-D) In this course students explore the theoretical underpinnings of research within the context of their professional practice. They examine the philosophical, methodological and ethical issues that underpin research and explore the various research paradigms that are commonly used in research. The learning resources provided assist in establishing the foundation on which students can develop an understanding of the research process and to be able to apply it to practice.</p> <p>This course is the pre-requisite for the Independent Scholarly Project.</p>	30
MHS9.430 Blended/online deliver	<p>Independent Scholarly Project (I-D) The purpose of this course is to guide the student through the process of applying research principles to practice. This is done through the completion of a dissertation on a topic chosen in the course "Research and Design Process" by the student. The research is a project that evaluates a problem process or audit. Where the student is unable to conduct the research, a systematic review based on the identified problem can be undertaken. MHS8.421 is a required prerequisite course</p>	30

ENDORSEMENT OPTIONS

The Postgraduate Diploma offers a selection of courses designed to meet the needs of health practitioners, health sector managers and other professionals whose practice has a focus on health. The Postgraduate Diploma in Health Science may be completed with or without a specialty option.

Interdisciplinary specialty endorsement options available are:

- Child and Family Health
- Mental Health
- Cognitive Behaviour Therapy
- Elder Health
- Health Services Management
- Diabetes Management
- Disease Management
- Human Lactation & Breastfeeding
- Primary Health Care
- Professional Supervision
- Health Promotion

ENTRY CRITERIA

ACADEMIC ENTRY REQUIREMENTS

The requirement for entry is an undergraduate degree in a health science/ health discipline with a B average or better.

Where an applicant does not hold an undergraduate degree in health science, submissions with supporting professional evidence may be considered.

ENGLISH LANGUAGE ENTRY REQUIREMENTS

Masters applicants will require an IELTS score of 6.5 in all bands, in one exam sitting.

Applicants for the Postgraduate Diploma in Health Science will require an IELTS score of 6.5 (Academic) with no score lower than 6.0, in one exam sitting.