

Diploma in Recreation and Sport 2010

Faculty of Health & Sport Science
Te Manga Hauora me te Pūtaiao Hākinakina

The Diploma in Recreation and Sport is a one year full-time, or equivalent part-time, programme which offers you stimulating studies and provides a pathway to a career in the wide field of recreation, sport and leisure. This programme has close links with the Bachelor of Recreation and Sport.

In particular, the programme is designed to enable a student to:

- integrate knowledge of the structure and function of the human body
- plan and organise active recreation, sport and fitness programmes
- apply skills in sport and fitness industries.

There are two entry points per year:

- February
- July

In this application pack you will find information about the programme, descriptions for each of the subjects covered, and fees and costs associated with this programme.

You are welcome to make an appointment to discuss your study options with our staff and to view our facilities.

If you have any questions please feel free to contact us.

Lorraine Guillemot, Secretary
Faculty of Health and Sport Science
(06) 974 8000, ext 5420
Email: lorraine@eit.ac.nz



Te Whare Takiura o Kahungunu

FUTURE PATHWAYS/EMPLOYMENT OPPORTUNITIES

For trained sport, fitness and recreation professionals, employment opportunities are varied and exciting.

Possible jobs and career opportunities can include:

- Fitness Trainer
- Community Recreation Assistant
- Group Exercise Instructor
- Sports Co-ordinator
- Gym worker

PROGRAMME SUMMARY

Qualification	EIT Diploma
Programme Level	5
Length	1 year
Study Options	Full-time; Part-time
Hours of Study / Class Times	Classes are scheduled between 8am and 5pm, Monday through Friday
Total Number of Credits	120 Credits

PROGRAMME LENGTH

The Diploma in Recreation and Sport programme commences on 15 February 2010 and concludes on 26 November 2010.

Timetables will be available on the EIT website www.eit.ac.nz in September/October 2009. If you require a paper copy to be sent out to you please contact the secretary.

SEMESTER 1		SEMESTER 2	
PROGRAMME STARTS	Monday, 15 February 2010	Classes Start	Monday, 19 July
Easter Holiday	Good Friday, 2 April Easter Monday, 5 April	Mid-Semester (Term 3) Holidays	Monday, 27 September - Friday, 8 October
Mid-Semester Holidays (Term 1)	Monday, 5 April - Friday, 16 April	Term 4 Starts	Monday, 11 October
Term 2 Starts	Monday, 19 April	Hawke's Bay Anniversary Day	Friday 22 October
Queens Birthday	Monday, 7 June	Labour Day	Monday 25 October
Semester 1 Ends (Term 2)	Friday, 25 June	PROGRAMME ENDS	Friday 26 November 2010
Mid-Year Holidays	Monday, 28 June - Friday 16 July		

STUDENT WORK COMMITMENTS

Duration - Semester 1, 2010	17 weeks
Semester 2, 2010	17 weeks
Hours per week	20 hours
Individual study hours	Two for each classroom hour
Credits per semester - for full-time students	60
One credit generally equals	10 student learning hours. Learning hours include both classroom and out-of-class hours.

This programme of study includes holiday or study breaks during which there are no scheduled classes. These breaks usually align with school holidays, but this may not always be the case. Students may find it necessary to spend time during non-teaching weeks working on assignments and other study-related tasks set during the teaching weeks.

ENTRY REQUIREMENTS

A personal interview may be part of the application process.

Applicants must meet one of the following criteria:

Standard Entry

- A minimum of 60 credits at NCEA Level 2 or higher in one year in best 4 subjects **or**
- Successful completion of the EIT Certificate in Sport and Health Massage, or the Certificate in Foundation Studies for Nursing, Recreation and Sport Science, or another programme which demonstrates an applicant's ability to achieve at this level **or**
- Completion of a local or overseas qualification which is considered by the Admissions Committee to be the equivalent of one of the above qualifications.

Provisional Entry

- Applicants who do not meet the criteria above, but present evidence of ability to succeed (eg. maturity, life experience, work experience, other study) **or**
- Is enthusiastic and motivated to achieve **or**
- Provides evidence of relevant prior learning and experience.

This does not apply to international students.

English Language Entry Requirement

Students are required to have attained an acceptable level of English language fluency. This may be demonstrated in a variety of ways, including successful study in English, approved scores on IELTS (6.0 Academic) tests, completion of accepted international equivalents, or completion of an EIT Hawke's Bay assessment.

Entry With Credit

You may already have some knowledge or skills that can be recognised as part of your intended study. This may take a number of different forms including study while at high school, study at a private training establishment, workplace training, other tertiary study, life experiences or voluntary work. If you think you may qualify, you may want to apply for Cross Credit or Recognition of Prior Learning.

- Cross Credit is based on the equivalency of courses or qualifications. You would apply for Cross Credit if you have passed a very similar course at the same level.
- Recognition of Prior Learning (RPL) is based on the assessment of your current knowledge and skills. You would apply for RPL if you had gained the relevant knowledge and skills through life experiences and informal learning situations.

You will be asked to provide details of anything that you would like considered as credit toward your intended programme of study, as part of your application.

Recognition of Prior Learning and Cross Credit cannot be awarded for a course if you are enrolled in that course. **You must apply prior to enrolment.**

For further information and enquiries about RPL and Cross Credit please contact the Faculty of Health & Sport Science, Secretary, Lorraine Guillemot, telephone (06) 974 8000, ext 5420.

ACADEMIC STAFF

Our lecturers are highly trained professionals with particular areas of expertise in recreation, sport and fitness. Staff also maintain contacts with other professionals through organisations such as PENZ (Phys-Ed New Zealand), Fitness N.Z., SFRITO (Sport, Fitness and Recreation Industry Training Organisation).

We value our partnership with students and aim to provide quality education in a supportive environment, encouraging personal growth and professional development.

Staff	Qualifications
Lee-Anne Taylor Programme Co-ordinator / Lecturer, Recreation and Sport Email: ltaylor@eit.ac.nz	BSc, BPhy
Dr Carl Paton Senior Lecturer, Recreation and Sport Email: cpaton@eit.ac.nz	Ph.D, MSC, BSC, PG Cert Ed.
Diana Kirton Assistant Head of School, Student Placement Co-ordinator Email: dkirton@eit.ac.nz	BA (Psyc)
Marcus Agnew Lecturer, Recreation and Sport Email: MAgnew@eit.ac.nz	MHSC, BSR
Gail Maxey Lecturer Science Email: gmaxey@eit.ac.nz	BSc, Dip.PE, Dip.Tchg
Deanne Parkes Lecturer Email: DKelly@eit.ac.nz	BSpEx

PRACTICUM / HANDS-ON EXPERIENCE / WORK EXPERIENCE / INDUSTRY-BASED LEARNING

Students experience a variety of industry based learning such as providing recreation experiences for children on holiday programmes, fitness assessment, and training for small groups and individuals.

FACILITIES

Practical studies take place in the Pettigrew.Green Arena Hawke's Bay. These facilities include four squash courts, an exercise science laboratory, an aerobics-fitness room, a theatre for lectures and presentations for up to 80 people, changing rooms, consulting rooms, office and administration area, and a massage room.

Arena Gym

Included in the enrolment for the Diploma in Recreation and Sport is a limited membership to the gym facilities. Further details will be provided on acceptance into the programme.

COURSE DESCRIPTORS

Course No.	Brief Description	EIT Credits	Level	Semester
AP4.111	Anatomy and Physiology This course assists students to develop an understanding of human anatomy and physiology to provide a theoretical foundation for study or employment in sport and recreation.	15	4	1&2
DRS4.25	Group Exercise This course will develop knowledge and skills in the designing and application of group exercise programmes. The application to special populations is examined as well as the impact of motivational techniques on client commitment.	15	4	1&2
DRS4.35	Individual Fitness This course provides students with knowledge, skills and understandings that underpin fitness assessment and individual fitness instruction. The focus of this course is on assessment of physical performance, application of exercise techniques, exercise prescription for people with special needs, and motivation.	15	4	1&2
BRS5.86	Recreation and Sport Management B This course develops knowledge and understanding of accounting, finance, law and IT principles and practices to the sports and recreation industry in New Zealand.	15	5	1
BRS5.45	Nutrition, Activity and Health This course will develop understandings of the relationships between nutrition, physical activity, other personal health behaviours and health. It will develop skills of critical thinking in relation to health information, claims and beliefs, and explore the meanings of health and wellness. Themes of the paper include self-empowerment, prevention, health promotion and health and human diversity.	15	5	1
BRS5.50	Te Aranga Ake: Professional Practice 1 This course is designed to assist students develop experiential knowledge and skills related to professional practice in the sport and recreation sector, including basic computer and information literacy. There is a twenty-hour sport or recreation industry practicum experience, complemented by workplace first aid training and an exploration of cultural safety through acknowledging and celebrating personal cultures.	15	5	1&2
BRS5.20	Leadership and Coaching The course is designed to give the student an understanding of theories and principles of leadership, communication and coaching. Students will gain skills in interpersonal communication to foster good health and well-being as well as the ability to use these skills in a variety of recreation and sport contexts.	15	5	2
BRS5.75	Recreation and Sport Programming & Management This course assists students to develop an understanding of the sport and recreation industry in New Zealand. Students will discuss factors affecting the sport and recreation industry including marketing strategies and management features, and specific organisational factors involved in an industry relying largely on volunteers.	15	5	2

ASSESSMENTS

Assessments include essays, written reports, assignments and written and practical examination.

TRANSFERS /CROSS CREDITS

This qualification has been approved by the New Zealand Qualifications Authority.

This programme leads to the award of a nationally approved qualification. This qualification may be delivered at a number of other tertiary institutes around New Zealand. If you were to transfer to one of those other institutes you may be granted academic credit for some of the papers completed successfully while studying at EIT Hawke's Bay, but this is at the discretion of the other institute.

Please note: Fees are not transferable between institutes.

ACCREDITATION

The Eastern Institute of Technology (EIT Hawke's Bay) is an accredited tertiary education provider under the provisions of the Education Act 1989.

FEES/COSTS

Please note:

- All costs quoted include GST.
- These fees apply to NZ Citizens and NZ Permanent Residents only.

Programme/Course Fees:	\$ 4382.20
See separate section below for International fees.	

ADDITIONAL COSTS

\$120 Approximately	for textbooks - booklists will be distributed in the EIT Enrolment Pack
\$100 Approximately	EIT Uniform (Optional)
\$25	NZQA Registration Fee if applicable
Upon completion of diploma studies, academic attire required for the graduation ceremony can be hired at the student's expense.	

EIT Hawke's Bay expects student fees to be paid at least one week prior to the start of the programme.

STUDENT FINANCE

Student Loans and Allowances

Financial assistance for full-time and some part-time students is available through the Student Loan scheme. Some students may also be eligible for Student Allowances. Student Loans and Allowances are administered by Studylink, a service provided by the Ministry of Social Development. For more information and application forms please contact:

STUDYLINK on 0800 88 99 00 or online at www.studylink.govt.nz

Note: International students are not eligible to apply for Studylink Student Loans and Allowances.

Training Incentive Allowances

Students who have applied to the Ministry of Social Development New Zealand for a Training Incentive Allowance must ensure fees are paid prior to the programme start date or we ask that a confirmation of fees letter be handed to the Enrolment Officers.

Scholarships and Grants

You may be eligible to apply for a wide variety of different funding options. Many scholarships or grants are available to new and returning EIT Hawke's Bay students. Each scholarship or grant lists different criteria, such as gender, age or previous experience. To find out more about what is available for you, please call the EIT Infoline on 0800 22 55 348 or visit our website www.eit.ac.nz.

APPLICATION PROCESS

When you have been accepted for the programme, you will be sent a letter of acceptance. You will be asked to confirm your place. Please contact the Registry Manager on (06) 974 8000, ext 6026 if you wish to discuss enrolment fee payment arrangements.

Please refer to the chart over page.

INTERNATIONAL STUDENTS

If you do not have permanent residency in New Zealand, there is a different application form and application process and a different fee structure applies. Please contact the International Section on telephone +64 6 974 8902 for the correct application form and for further information regarding fees.

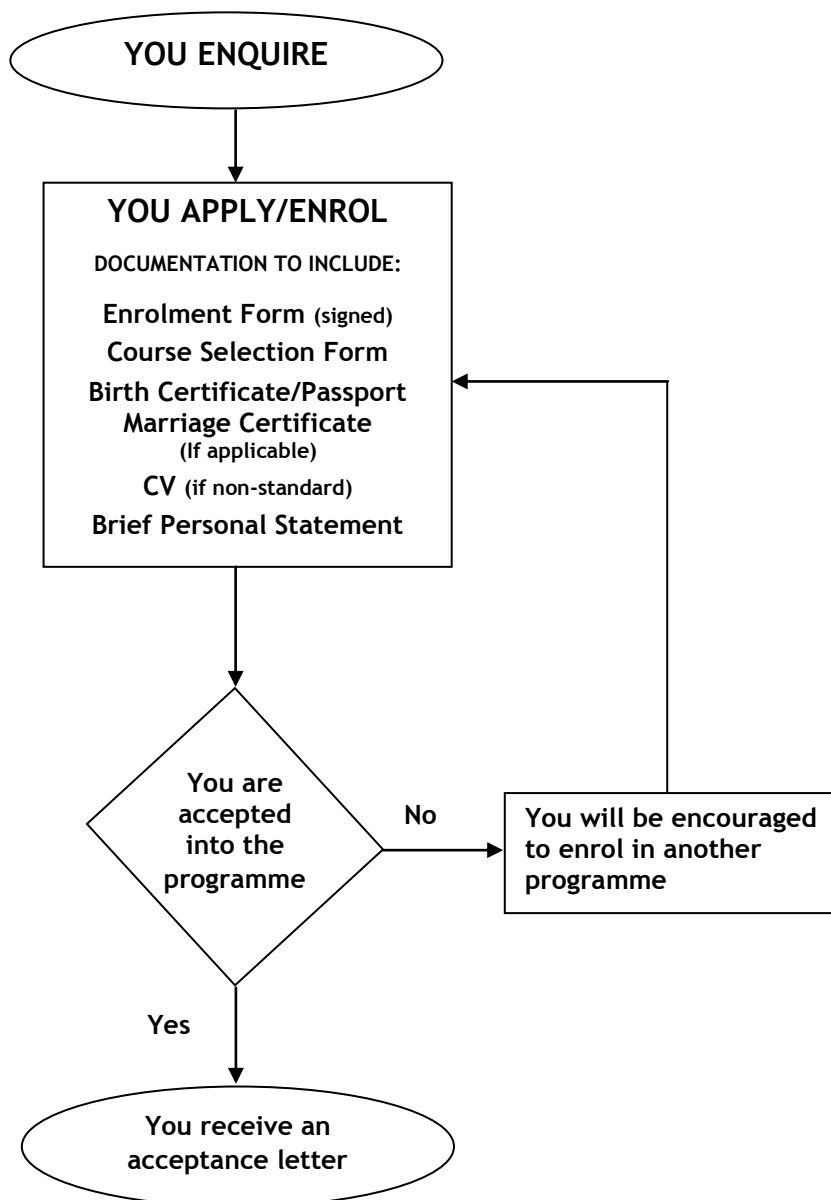
DISCLAIMER

Information contained in this publication is correct at the time of printing, but may be subject to change. While all reasonable efforts will be made to ensure listed programmes/courses are offered and regulations are current, the Institute reserves the right to change content or method of delivery, to withdraw any programme or course of study, or to impose limitations on enrolment should circumstances require this.

Some programmes/courses mentioned in EIT publications are offered subject to final approval and accreditation or to sufficient enrolments being received.

For the latest information visit our website at www.eit.ac.nz

ENROLMENT PROCESS FLOWCHART



Timetables are available from the EIT website from September/October, 2009

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Documentation / Forms

Please Note

The following documents need to be completed and returned with your application/enrolment.

- Brief Personal Statement including Brief CV/Work History
- Consent for Disclosure of Information

Without these documents we are unable to proceed with your application.



Te Whare Takiura o Kahungunu



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FACULTY OF HEALTH & SPORT SCIENCE

Te Manga Hauora me te Pūtaiao Hākinakina

Diploma in Recreation and Sport

2010

PERSONAL STATEMENT
(Handwritten please)

Name: _____

1. What do you believe are your personal strengths?

2. Why are you interested in studying for the Diploma in Recreation and Sport?

3. As part of this programme you may have practical experiences with agencies or organisations who may require you to obtain a police vet of your personal information for any criminal convictions, criminal history, and details of fines and enforcements and/or hold a current First Aid Certificate.

Have you ever had a criminal conviction?

Yes

No

Please note: A prior conviction may not necessarily exclude you from acceptance into the programme, but we may need to discuss it with you.

Do you have a First Aid Certificate that includes NZQA Units standards 6401, 6402 and 6400?

Yes (a copy of this will need to be provided at time of application)

No

A First Aid Certificate is valid for two years from date of issue.

If you do not hold a current First Aid Certificate you will have an opportunity to gain this as part of the programme.

Signed: _____

Date: _____

